

The CQUIN Learning Network

The Science and Practice of Scale Up

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June 26-29
The Kingdom of Eswatini



Outline

- **Defining “scale up”**
- Experience and conceptual frameworks
- Scaling up DSD

Defining “scale up” – 1

“The process of reaching large numbers of a target population in a broader geographic area by institutionalizing effective programs.”

- Cash *et al.* *From One to Many*, 2011



Defining “scale up” – 2

“Deliberate efforts to increase the impact of successfully tested health innovations so as to benefit more people and to foster policy and programme development on a lasting basis.”

- WHO/ExpandNet 2010



Defining “scale up” – 3

- Both definitions highlight two key dimensions:
 - Expansion (“horizontal scale-up”)
 - Institutionalization (“vertical scale-up”)
- Goal = maximum impact
 - “Small is beautiful but large is necessary” - BRAC



Defining “scale up” – 4

Examples of **expansion** (horizontal scale-up):

- Increasing geographic coverage
- Expanding to reach more people in existing sites/regions
- Expanding the ‘depth’ or diversity of services provided to those already enrolled



Defining “scale up” – 5

Examples of **institutionalization** (vertical scale-up):

- Policies, political commitment and legal frameworks
- Regulations, norms and guidelines
- Financing and budgets
- Information systems
- Standardizing training, supervision, support



Policies	National HIV treatment policies prohibit or impede differentiated service delivery models (DSDM)	National policies do not mention DSDM	National policies include DSDM but do not actively promote these models of care	National policies actively promote the use of DSDM for stable patients	National policies actively promote the use of DSDM for diverse patient groups ¹
Guidelines	National HIV treatment guidelines do not include DSDM		National HIV treatment guidelines include DSDM but do not provide detailed and specific implementation guidance		National HIV treatment guidelines provide detailed and specific guidance on implementation of DSDM
Diversity of DSDM services	No DSDM services have been implemented	DSD is available for stable patients only and only one model has been implemented ²	DSD is available for stable patients only, and only two models have been implemented	DSD is available for stable patients only and ≥ 3 models have been implemented	DSDM is available for diverse patient groups
National DSD Scale-up Plan	None	DSD scale-up plan discussions and meetings ongoing	DSD scale-up plan draft available	DSD scale-up plan developed and approved by MOH	DSD scale-up plan being actively implemented
Coordination	None	DSD activities fall under the purview of existing groups; progress updates are presented in standing meetings not focused on DSDM (e.g., a care and treatment technical working group [TWG])	DSD activities are coordinated by a dedicated group (e.g., a sub-TWG or equivalent)	National DSD Focal Person spearheads DSD planning and coordination	DSD progress reported in annual program reports and/or annual national review meetings in place
Community Engagement	None	Representatives of people living with HIV/AIDS (PLHIV) and/or civil society are engaged in DSD implementation	PLHIV and/or civil society representatives are engaged in both DSD implementation and design of DSDM	PLHIV and/or civil society representatives are engaged in both implementation, design and evaluation of DSDM	PLHIV and/or civil society representatives are systematically engaged in DSD policy development, design, implementation, and evaluation
Training Materials	DSD training materials are not available	Some DSD training materials have been developed by organizations piloting DSD / implementing partners	National DSD in-service curricula for either professional health workers or lay health workers (but not both) available & in use	National DSD curricula for both professional health workers and lay workers available and in use	National DSD pre-service and in-service curricula available and in use
SOPs and Job Aides	None	Implementing organizations have piloted SOPs and job aides for stand-alone DSDM projects	National SOPs and job aides available for only one DSD model	National SOPs and job aides available for two DSD models	Step-by-step national SOPs and job aides available for ≥ 3 DSD models
M&E System	No M&E system elements for DSD are in place or in development	Development of new M&E tools and systems for DSDM is planned or underway	Some new or adapted tools (e.g., registers, patient cards, monthly reports) and/or M&E guidelines have been implemented	A majority of DSDM M&E elements are in place, but they are not comprehensive or fully integrated into routine M&E	All elements of an M&E system for DSD are in place and integrated into one national M&E system for HIV /ART services

Coverage without Quality will not achieve goals

$$\text{Utilization} \times \text{Quality} = \text{Impact}$$

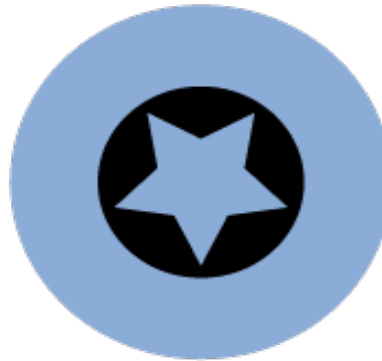
Access



Acceptability



Quality



Coverage



Effectiveness



Outline

- Defining “scale up”
- **Experience and conceptual frameworks**
- Scaling up DSD

The Sc

RESEARCH

Open Access



'The stars seem aligned': a qualitative study to understand the effects of context on scale-up of maternal and newborn health innovations in Ethiopia, India and Nigeria

METHODOLOGY

A framework for scaling-up interventions to improve

Nine steps for scaling-up

Pierre M. Barker^{1,2*},

DEBATE

Open Access




Scaling up ART adherence clubs in the public sector health system in the Western Cape, South Africa: a study of the institutionalisation of a pilot innovation

ventions
care

1: what are

endricks Brown⁴

Hayley MacGregor^{1*} , Andrew McKenzie², Tanya Jacobs³ and Angelica Ullauri⁴

-up of Health Practices

A Management Framework
for Promoters

HIV LEARNING NETWORK

The CQUIN Project for Differentiated Service Delivery

The Science & Practice of
SCALE-UP

THE INNOVATION

Relative advantage
Compatibility
Low complexity
Triability
Observability
Potential for reinvention
Fuzzy boundaries
Risk
Task issues
Nature of knowledge required (tacit/explicit)
Technical support

COMMUNICATION AND INFLUENCE

DIFFUSION (Informal, unplanned)

↑ Social networks
Homophily
Peer opinion
Marketing
Expert opinion
Champions
Boundary spanners
Change agents
↓

DISSEMINATION (formal, planned)

OUTER CONTEXT

Sociopolitical climate
Incentives and mandates
Interorganizational norm-setting and networks
Environmental stability

SYSTEM ANTECEDENTS FOR INNOVATION

Structure

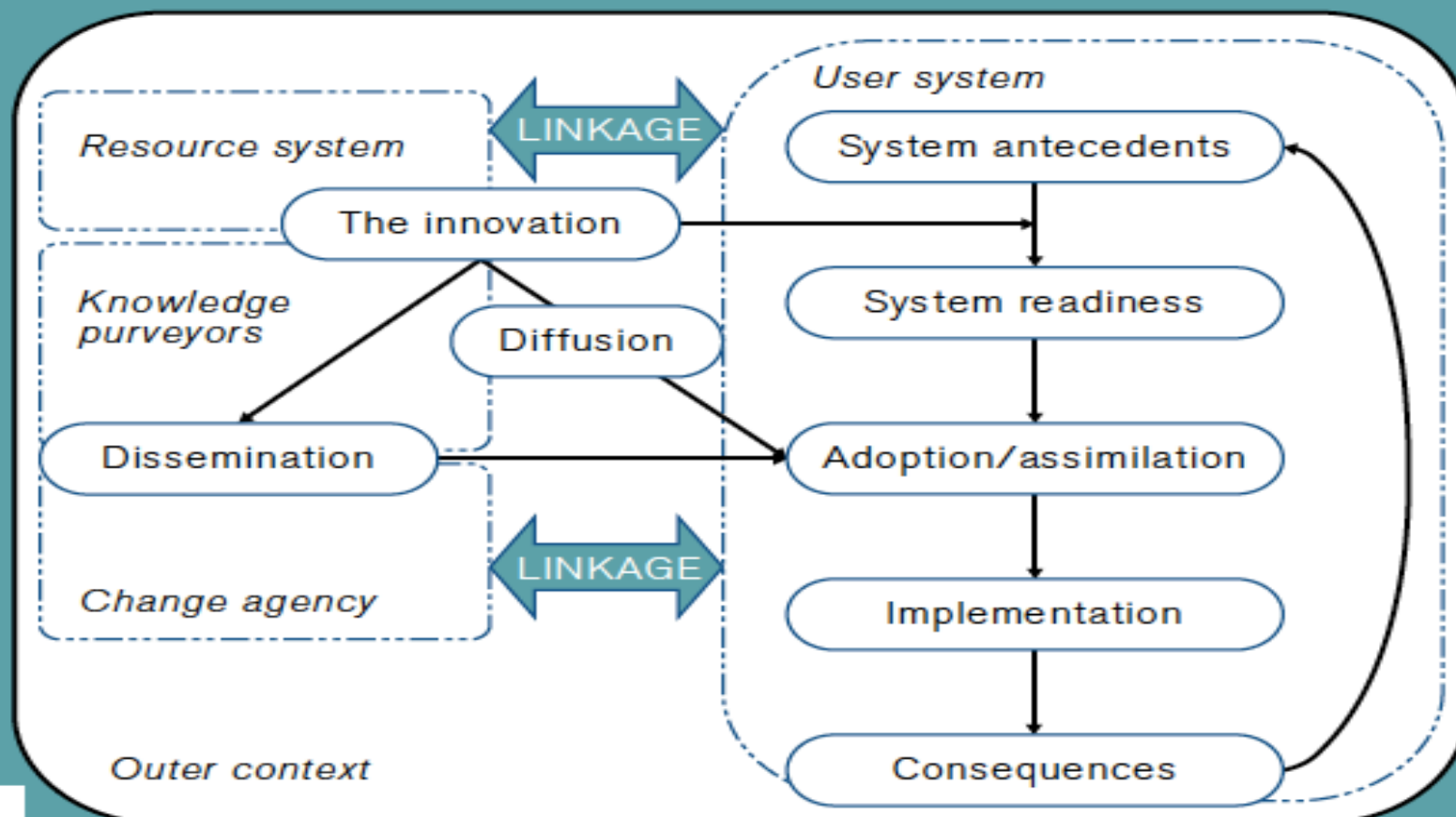
Size/maturity
Formalization
Differentiation
Decentralization
Slack resources

Absorptive capacity for new knowledge

Preexisting knowledge/skills base
Ability to find, interpret, recodify, and integrate new knowledge
Enablement of knowledge sharing via internal and external networks

Receptive context for change

Leadership and vision
Good managerial relations
Risk-taking climate
Clear goals and priorities
High-quality data capture



LINKAGE

Design stage

Shared meanings and mission
Effective knowledge transfer
User involvement in specification
Capture of user-led innovation

Implementation stage

Communication and information
User orientation
Product augmentation e.g. technical help
Project management support

SYSTEM READINESS FOR INNOVATION

Tension for change
Innovation-system fit
Power balances (supporters v. opponents)
Assessment of implications
Dedicated time/resources
Monitoring and feedback

ADOPTER

Needs
Motivation
Values and goals
Skills
Learning style
Social networks

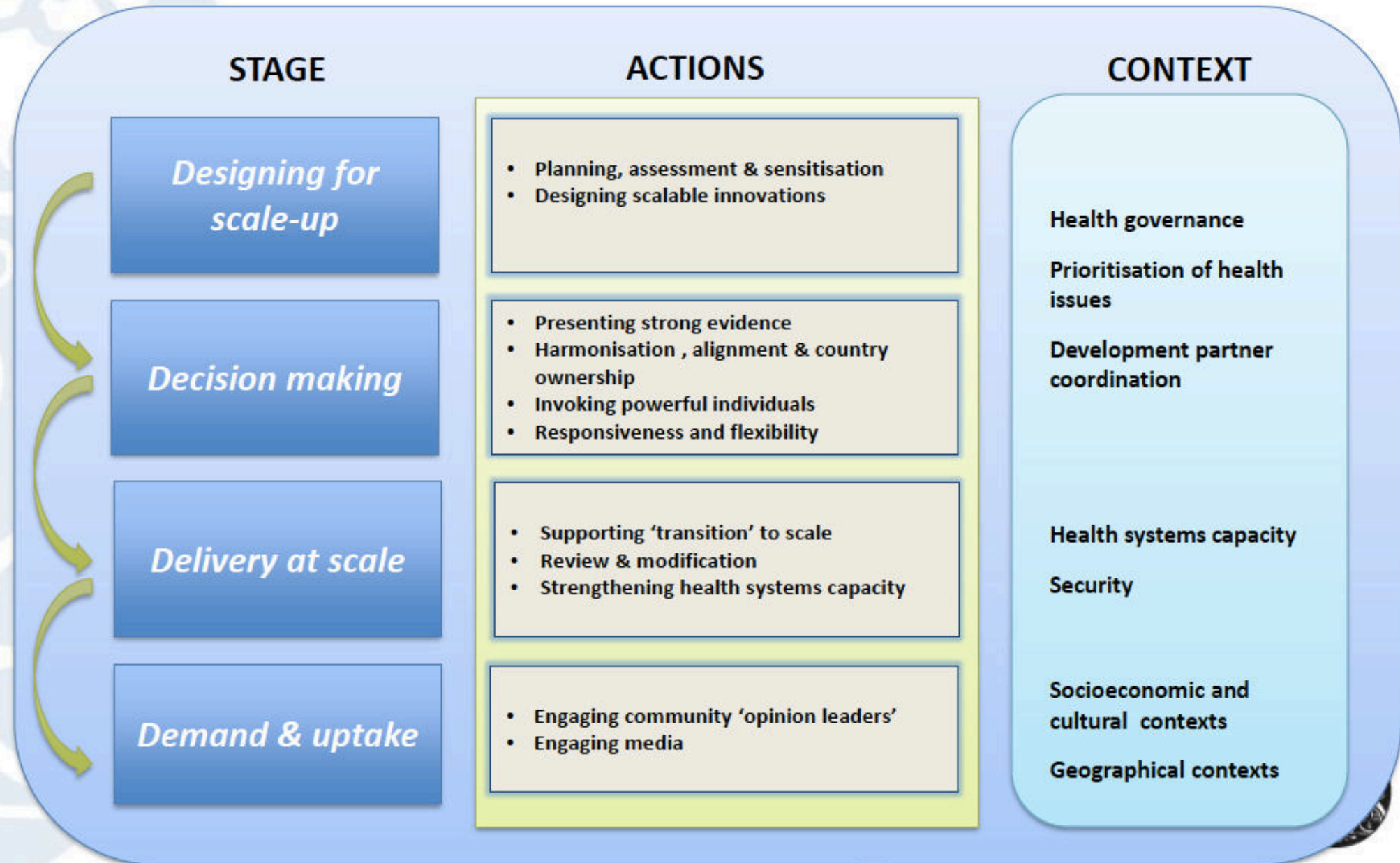
ASSIMILATION

Complex, nonlinear process
"Soft periphery" elements

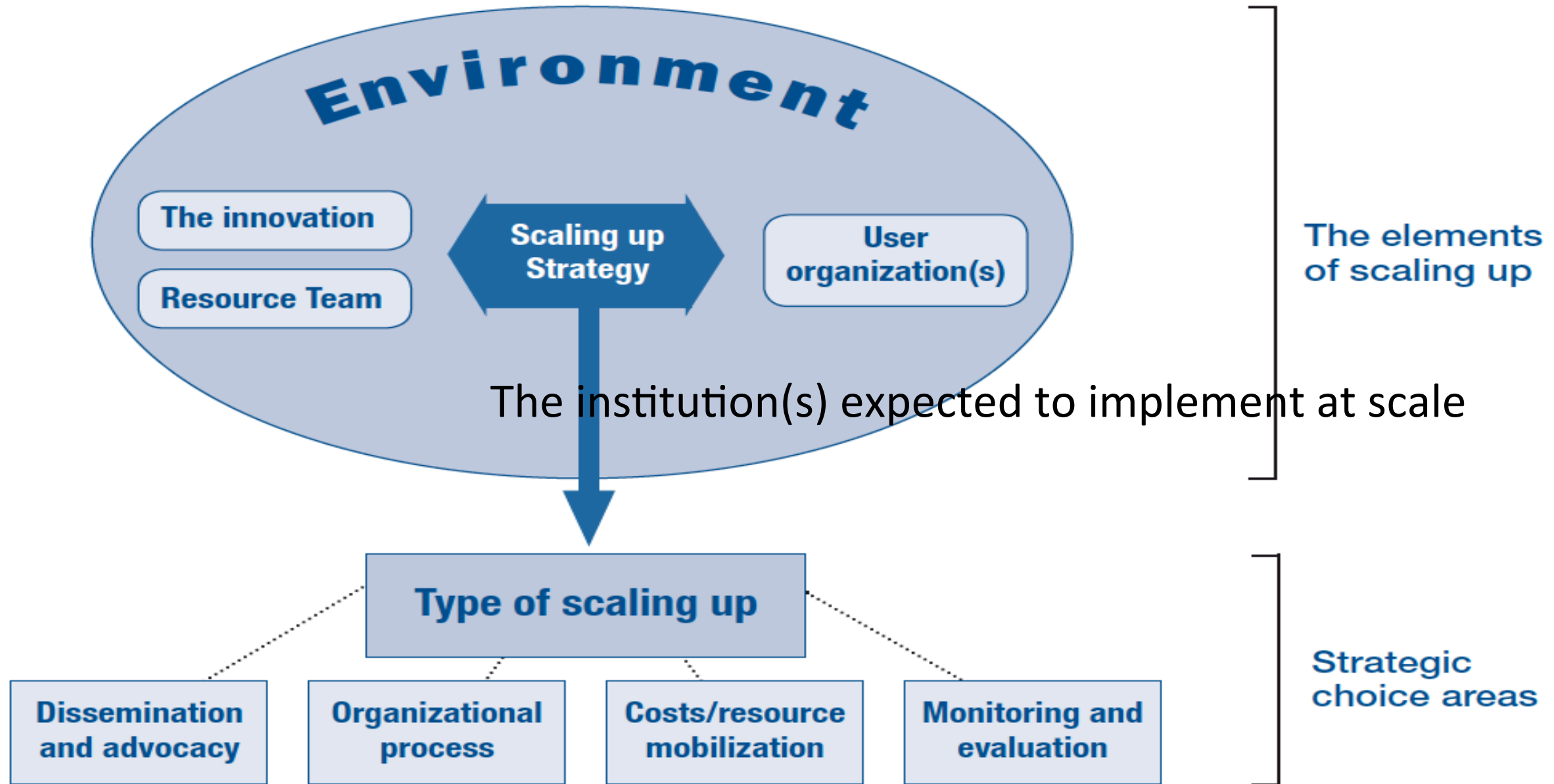
IMPLEMENTATION PROCESS

Decision making devolved to frontline teams
Hands-on approach by leaders and managers
Human resource issues, especially training
Dedicated resources
Internal communication
External collaboration
Reinvention/development
Feedback on progress

Evidence informed framework of scale-up



The ExpandNet/WHO framework for scaling up



ExpandNet: Strategic Choice Areas

- **Types of scaling up:**
 - Expansion *and* institutionalization
- **Dissemination and advocacy:**
 - Training, TA, policy dialogues, review meetings > > papers, briefs and guidelines
- **Organizational process:**
 - Phased approaches are often most successful
- **Resource mobilization:**
 - Look for economies of scale, potential to link to other health system reforms
- **Monitoring and evaluation:**
 - Critical to understand both process and impact

ExpandNet: Guiding Principles

- ✓ Systems thinking
 - ✓ Sustainability
 - ✓ Determinants of success
 - ✓ Integration of human rights initiatives
- Credibility**
Observability
Relevance
Relative advantage
Ease of implementation
Compatability
Testability

The ExpandNet/WHO Framework

“Scaling up is a complex organizational, managerial political and policy task....and requires strategic planning and management.”

“Scaling up...is fundamentally about introducing and managing change, which implies significant departures from standard routines, protocols, and norms.”

Outline

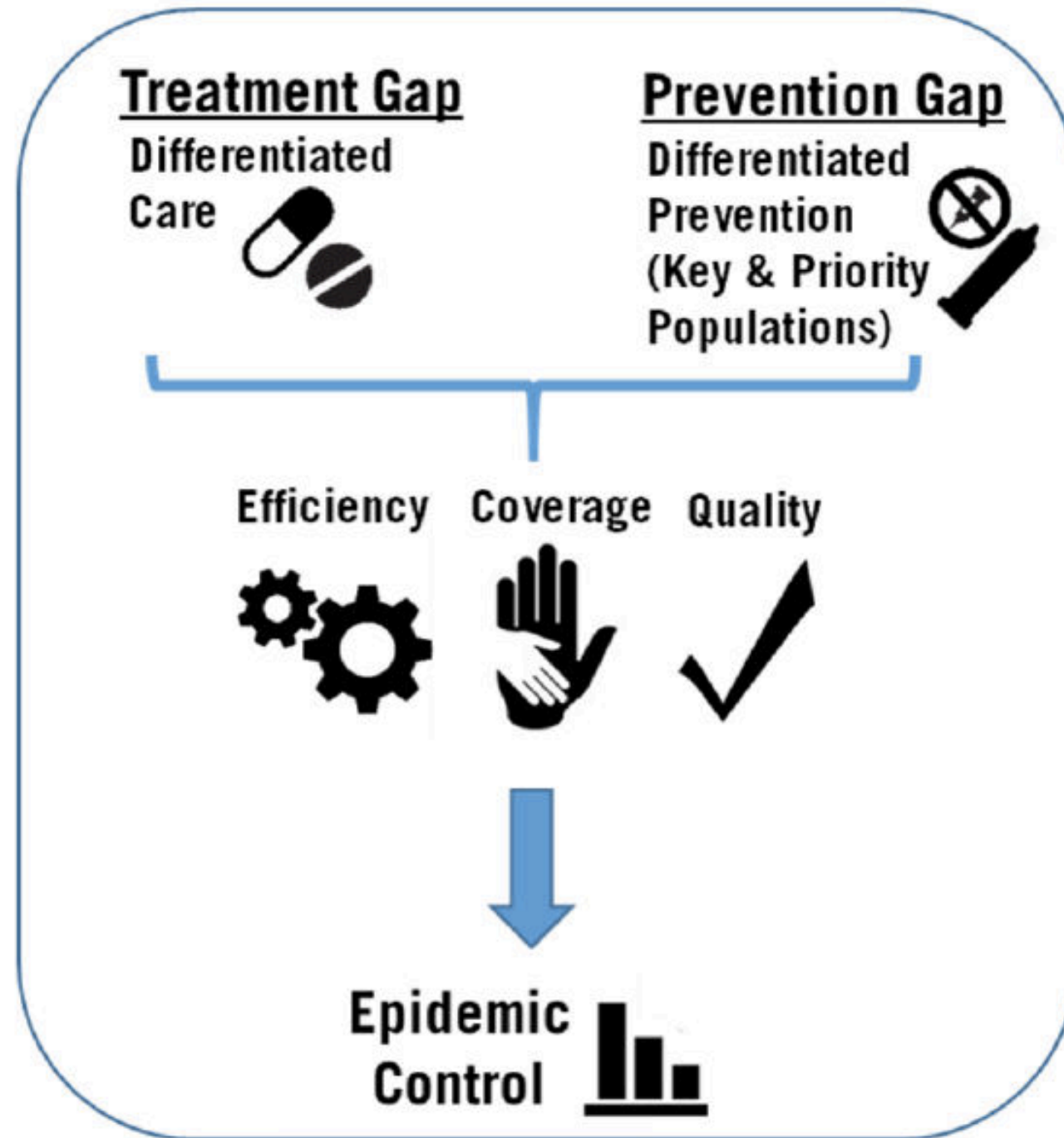
- Defining “scale up”
- Experience and conceptual frameworks
- **Scaling up DSD**

Why do we need to take DSD to scale?

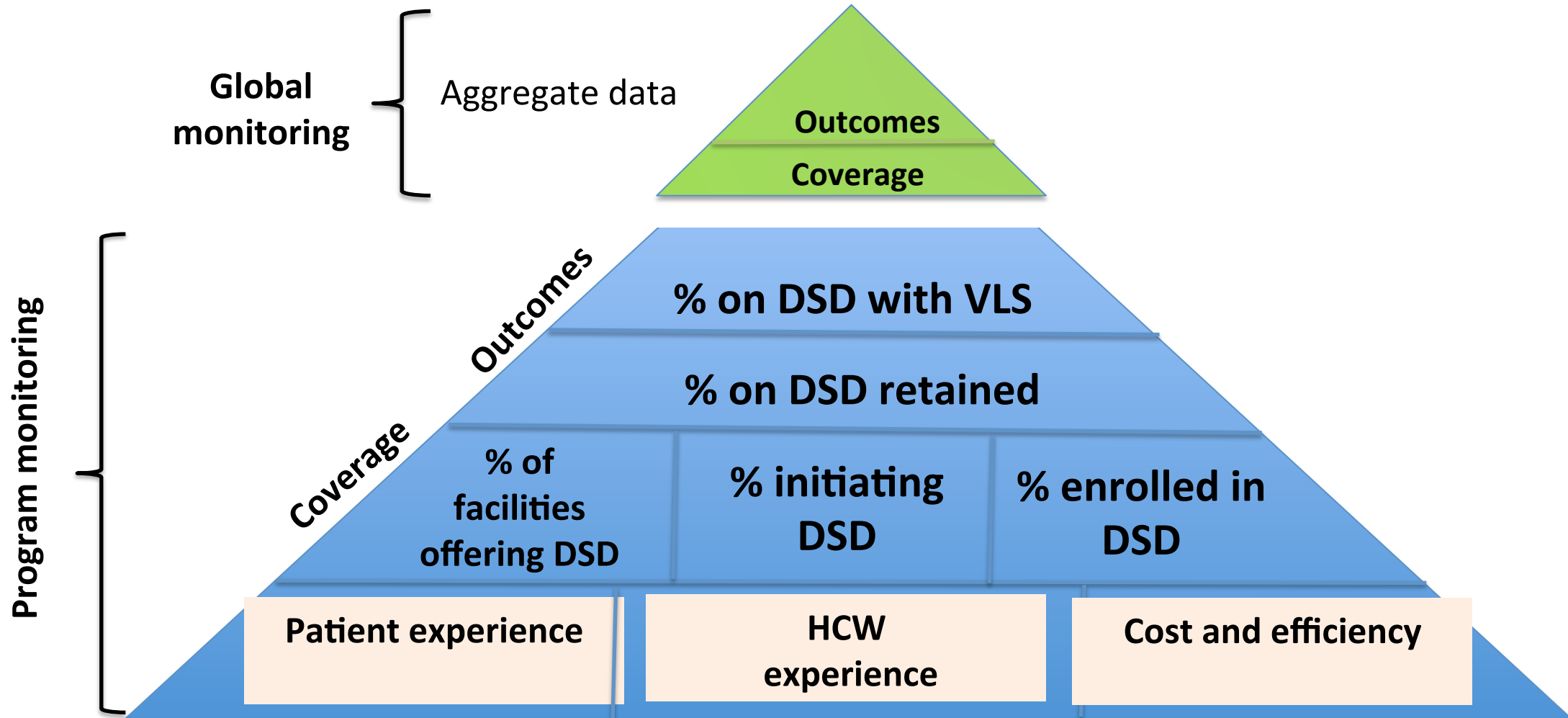
- Small is beautiful but large is necessary
- Coverage x quality = impact

Why do we need to take DSD to scale?

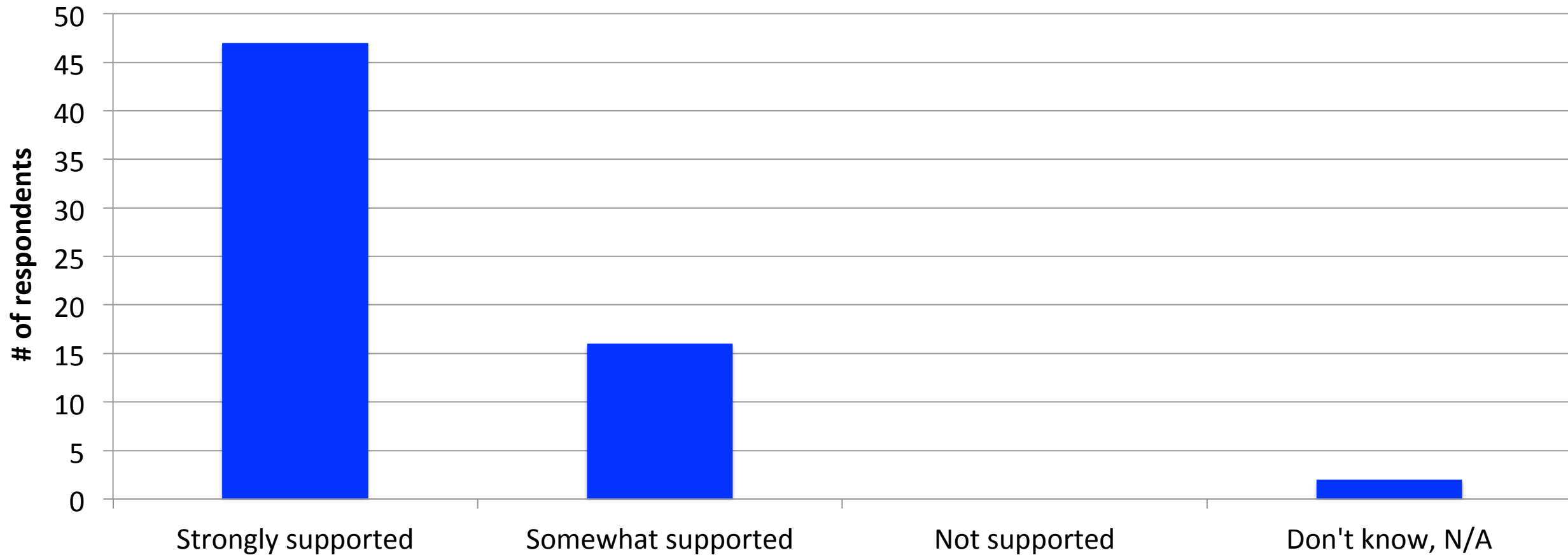
- Our goals for DSD are very ambitious
 - To simplify and adapt HIV services across the cascade to reflect the preferences and expectations of various groups of people living with HIV while reducing unnecessary burdens on the health system
- Our shared hypothesis is that scale up of differentiated ART delivery models will lead to:
 - improved clinical outcomes of VL suppression and retention,
 - improved patient and HCW experiences, and
 - reduced costs for patients and providers



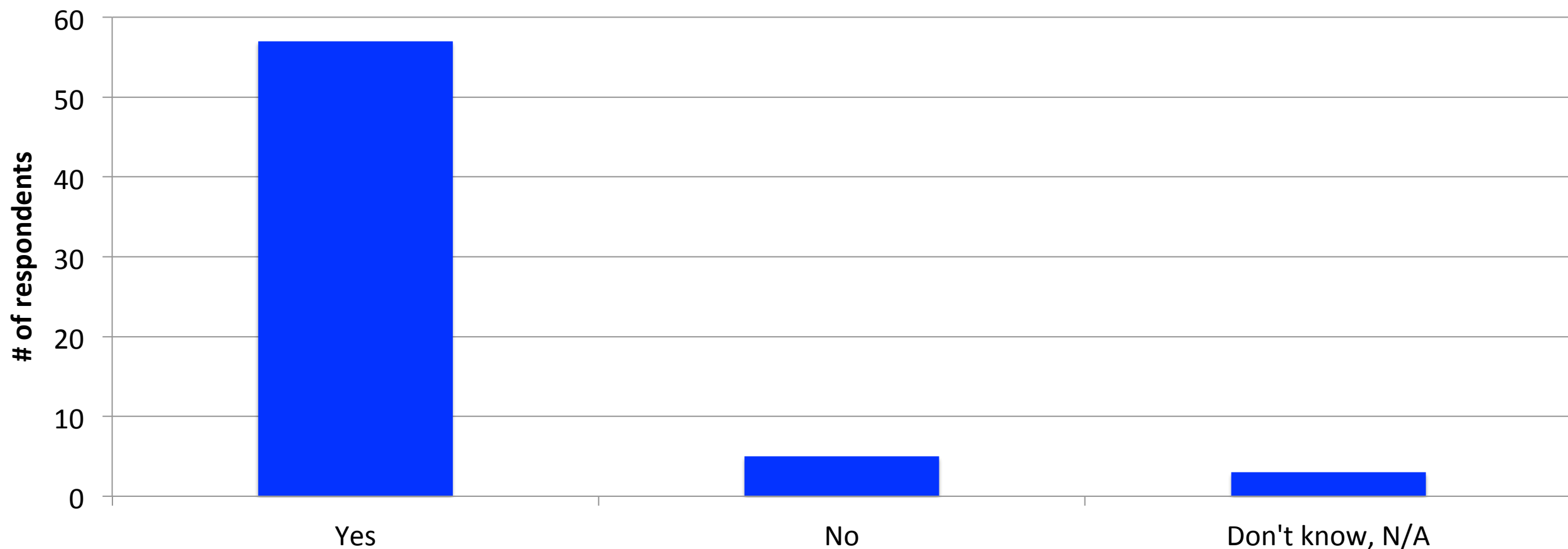
How will we measure success?



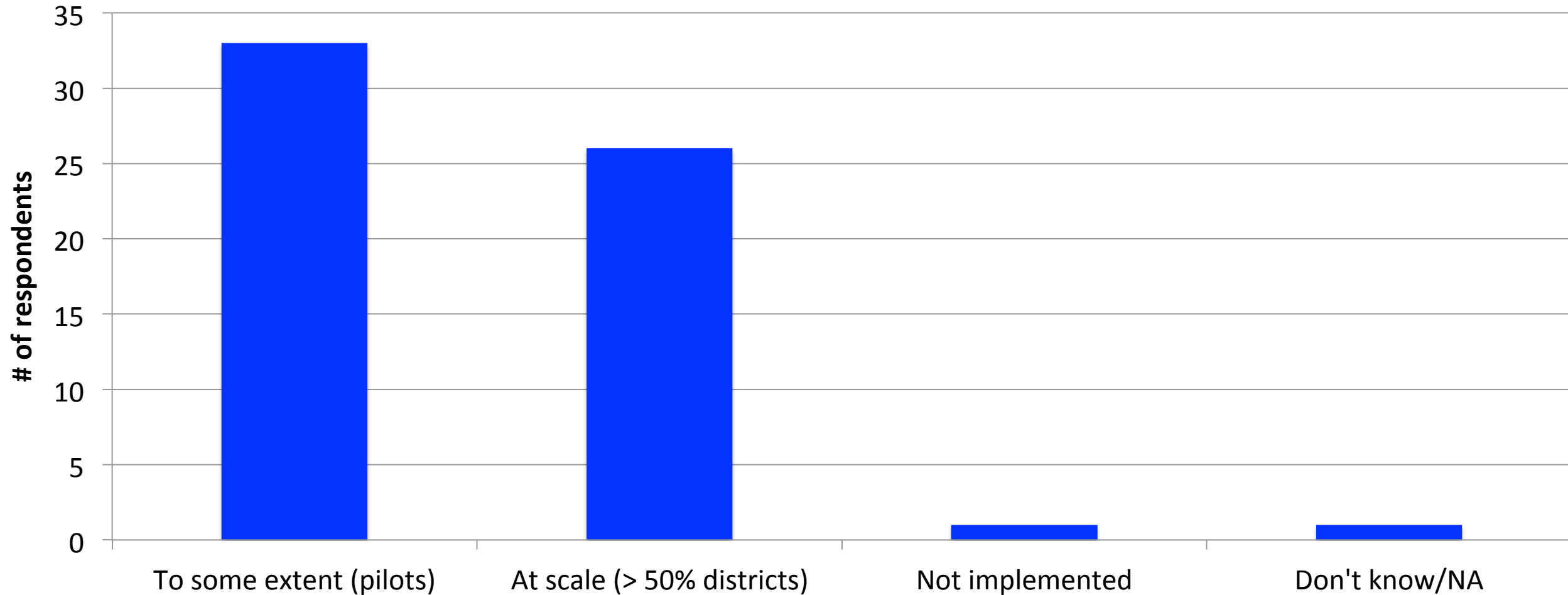
To what extent is DSD supported at the policy level in your country?



Is DSD included in national HIV treatment guidelines in your country?



To what extent is DSD implemented in your country?



How do we reach the goal?

- Enhance credibility and create demand
- Streamline and simplify
- Work with strengths in the user organization
- Address environmental constraints
- Strengthen the resource team
- Provide hands-on support (not just guidelines)
- Advocate for supportive policies
- Adjust the pace
- Mobilize resources
- Ensure effective M&E

Registration survey question: What would make it easier to implement DSD in your country?

- Development of clear operational guidelines
- Optimizing M&E systems for DSD
 - Standardized reporting of DSD indicators
 - Electronic medical records
 - Facility based DSD targets
- Building health worker capacity
 - Training HCW
 - Supportive supervision and mentoring
 - Elaboration of a post-implementation supervision plan

Registration survey question: What would make it easier to implement DSD in your country? – 2

- Increased VL coverage
- Realignment of ARV procurement planning to support DSD roll out
- More community involvement
- Buy-in from provincial and district managers
- Better dissemination of policies from national to local levels

How will we explore some of these issues?

- We'll hear more about frameworks and strategies
- We'll hear directly from “resource people” – national DSD coordinators
- We'll focus on three priority constraints
 - Demand generation and client/community engagement
 - Laboratory barriers and constraints
 - Health workforce challenges
- We'll share selected case studies – community observatories in West Africa, scaling up VL in Swaziland
- We'll spend a lot of time in breakout sessions
- Output of meeting = revised action plans and next steps for country scale-up

Thank you