

The CQUIN Learning Network

The Science & Practice of Scale Up

Improving Viral Load Utilization in Malawi

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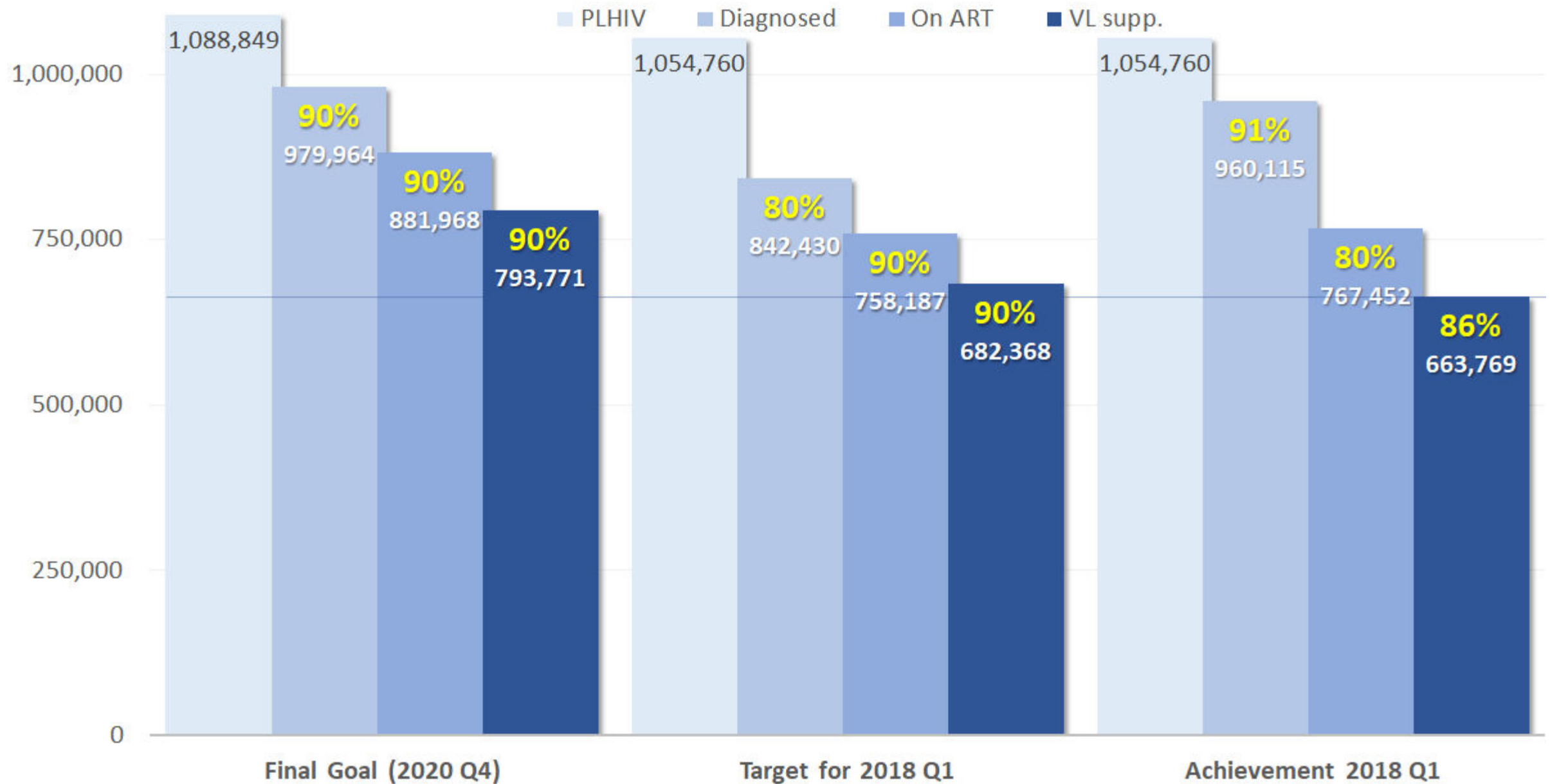
Department of HIV/AIDS, MoH, Malawi

June 29th, 2018

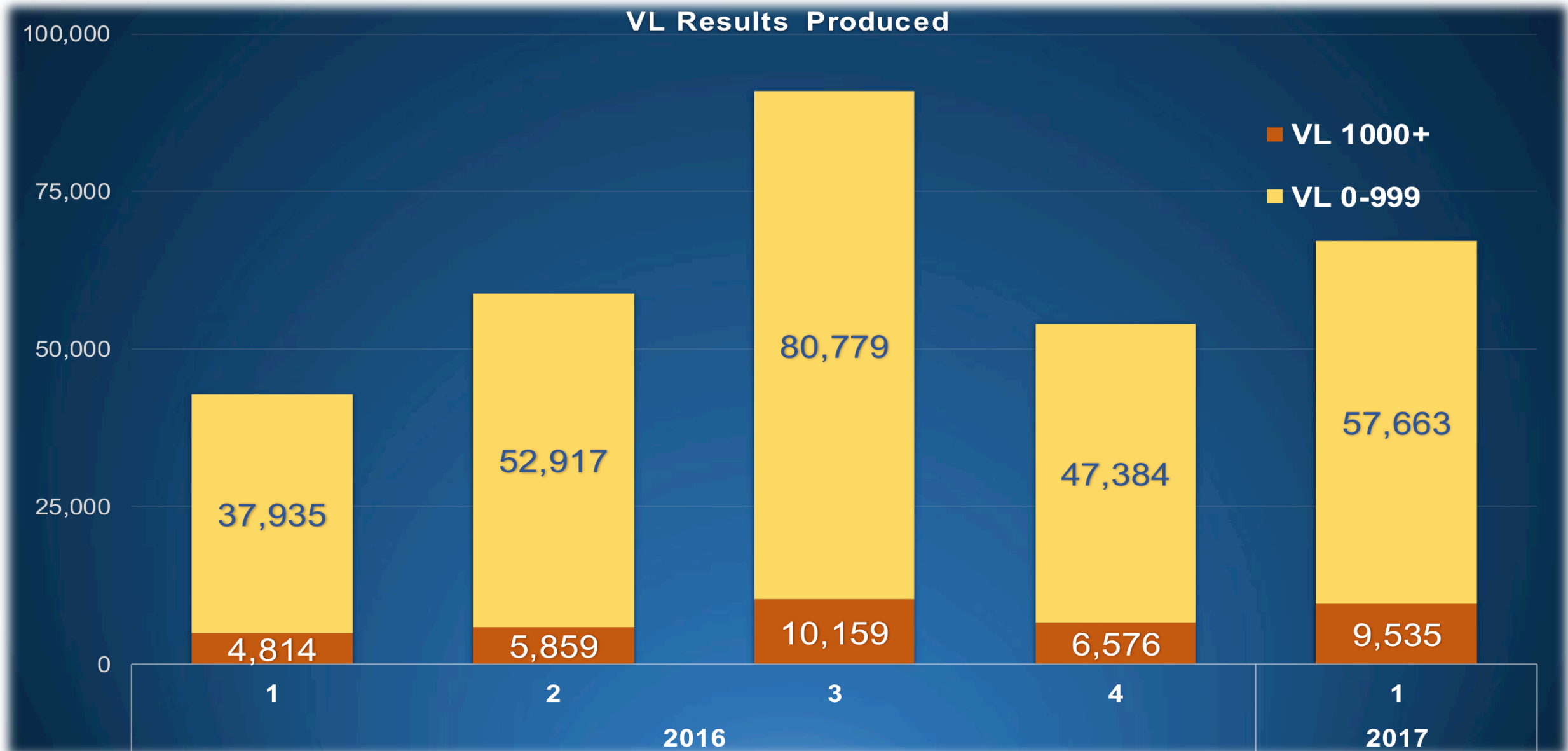
The Kingdom of Swaziland



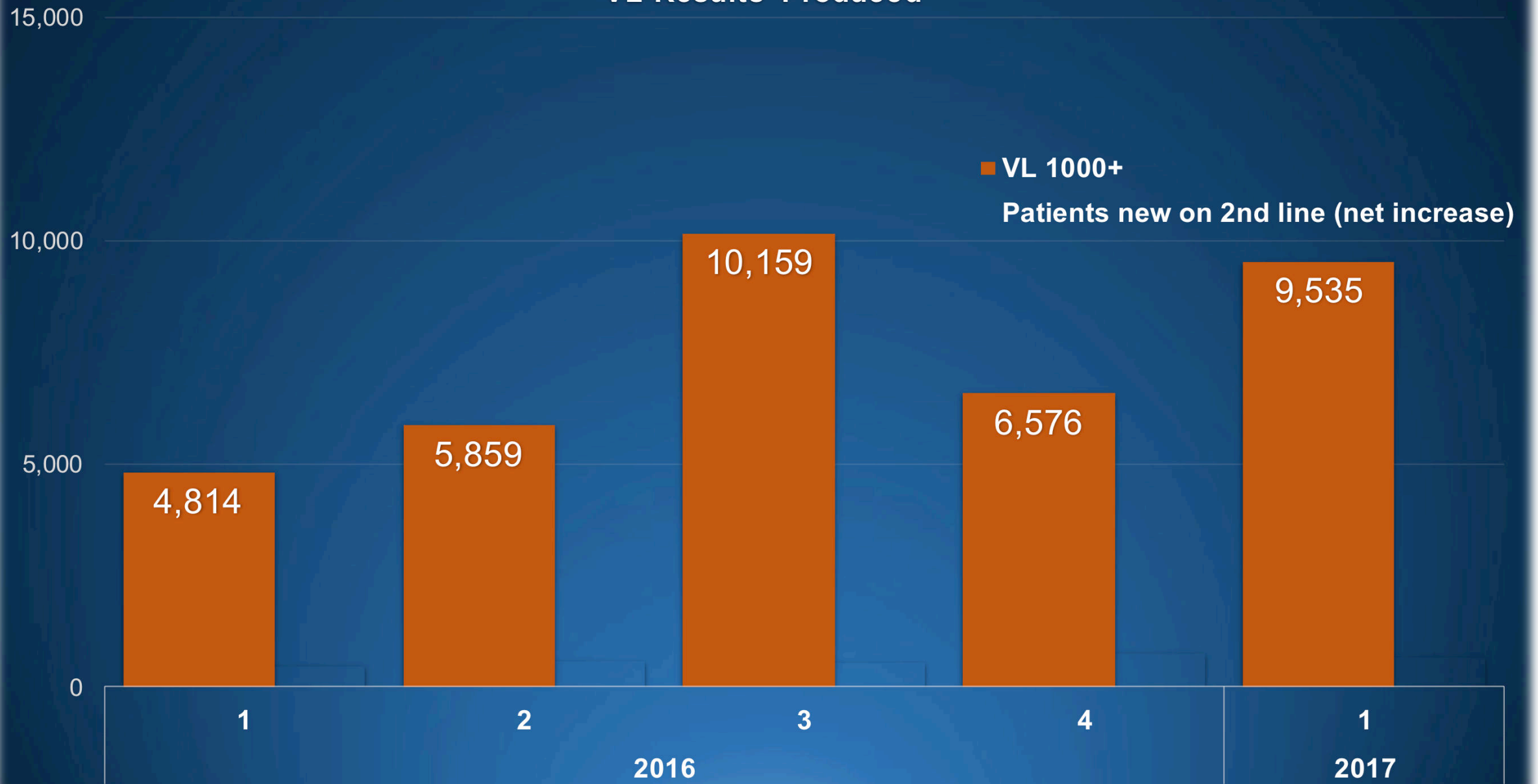
Malawi Progress Towards 90-90-90 HIV Treatment Goals (March 2018)



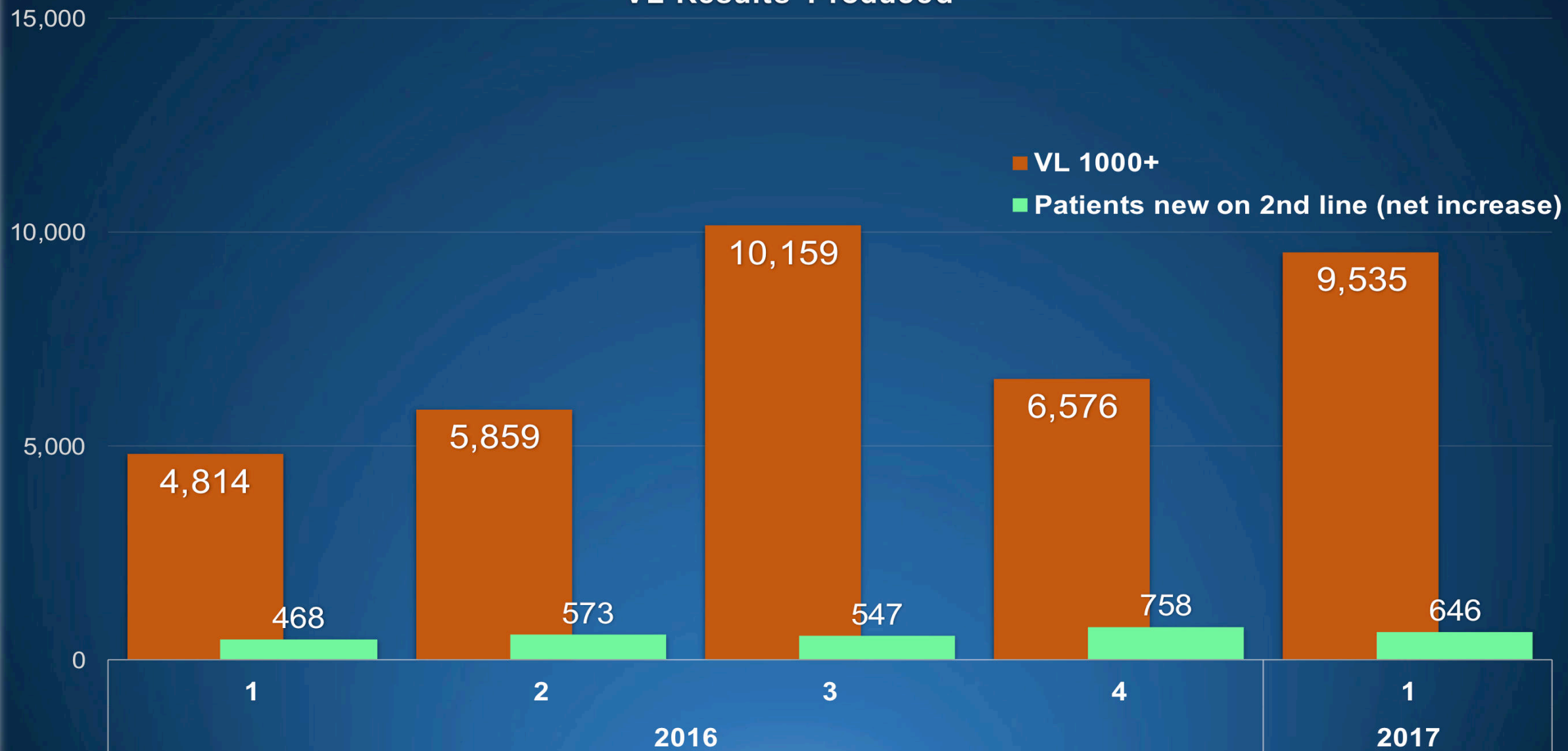
Scope of the Problem



VL Results Produced



VL Results Produced



Country Response

- MoH–led broad engagement with district and facility health management teams (Government policy on decentralization)
- Situation discussed extensively at TWG meetings, including a focused problem analysis with lab and sample transport stakeholders
- Multiple IP supported QI initiatives to improve viral load demand and results utilization– a lot by PEPFAR- supported IPs



QI Collaborative to Improve Access and use of VL Test Results at Site Levels in Malawi

- Bill and Melinda Gates Foundation funded project (2017-2018)
- Four focus districts: Mchinji, Karonga, Dedza and **Balaka**
- Five objectives:
 - Improve access to quality laboratory services
 - Promote district level collaboration in Quality Management Systems (QMS)
 - Improve use of laboratory data, specifically VL results, for managing HIV patients
 - Provide technical support to improve patient-centered care
 - Improve laboratory infrastructure

Methodology: Cohort Analysis along the VL Cascade

- VL cascade analysis completed between February and March 2018
- ART patient cohort identified as all newly enrolled ART patients between July 2016 and June 2017
- Identified indicators across full VL cascade and determined sources for data inputs: ART registers, ART master cards, High VL registers, IAC registers and VL paper results
- Data collected by facility, aggregated and entered into master database
- Data verification and analysis conducted by field team and URC HQ staff
- Team briefings held to review all collected data and discuss immediate findings

Viral Load Cascade – All project sites

Eligible ART clients

3500

3000

2500

2000

1500

1000

500

0

3278

1,836 eligible
but no VL

1442
(44%)

1,282 VL
suppressed
(<1000
copies/ml)

160
(11%)

35 VL non-
suppressed not
enrolled in IAC

125
(78%)

63 did not
complete IAC
62
(50%)

41 not switched
to 2nd line
regimen
21
(34%)

Eligible for VL test

Total with at least 1
VL

VL ≥ 1000
copies/ml

VL ≥ 1000 cps/ml
enrolled in IAC

Completed IAC

Switched to 2nd line
regimen



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VL Cascade Analysis: Key QI Need

- Percentage of newly enrolled eligible clients with at least one VL result was only 44%.
- 78% of high VL clients (>1000 copies per ml) were enrolled in IAC, only 50% of enrollees completed IAC
- 66% of clients who completed IAC had a follow-up VL sample drawn; among those samples drawn 90% of clients received their VL result
- 47% of ART clients that received multi-month refills did not have a VL result documented in their client card

Change ideas employed

- Regular audits of patient cards and registers
- Intensified mentorship and supportive supervision with the ART Providers
- Assigning specific responsibilities to staff for patient notification and management
- Reinforcement of monthly ART supply for all clients unless identified as eligible for multi-month prescription
- Frequent QI meetings to review progress and make adjustments as required

Moving forward: making VL more cost-effective?

- Ensure targeted and follow-up VL are done
- Reduce high VL intensive adherence counselling visits to two
- Use results for patient management
 1. Update VL sample log + High VL register
 2. Update ART patient card
 3. Inform patients with high VL asap (sms)
 4. Intensive adherence support
 5. Switch to 2nd Line if failure confirmed



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- Broaden the QI efforts to stop the leakages
 - Sustain engagement with stakeholders- IPs and VL labs
 - Strengthen demand thro CSOs
- Improve result utilization with HCWs
 - District-level 10-man mentorship team in a hub and spoke design



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HMS 28a

Ministry of Health
HIV Viral Load Sample Log
Version 1 (October 2016)

Register No

District

Site Name / Location

Date Register Started

Date Register Closed

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Thank you