### The CQUIN Learning Network

The Science & Practice of Scale Up

# ISHTAR Kenya: Differentiated Services for MSM

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### **About Ishtar**

Ishtar MSM is a community based organization that advances sexual health rights of men who have sex with men (MSM) in Nairobi, Kenya.

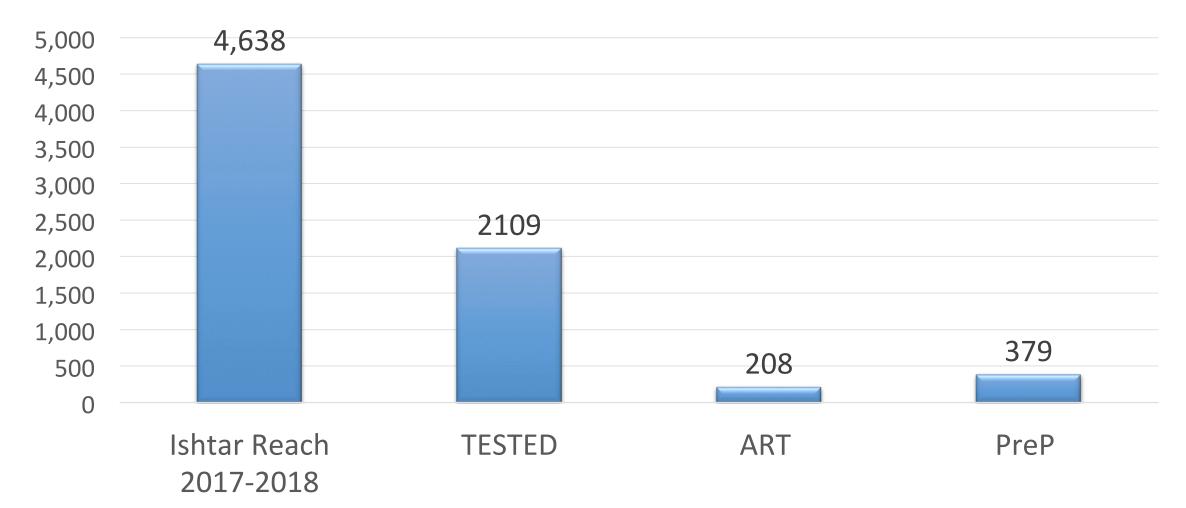
• Coverage: Nairobi County







### **Current Reach**





# DCM building blocks

MSM HEALTH AND SOCIAL WELLBE	ING			
	ART REFILLS	CLINICAL CONSULTATIONS	PSYCHOSOCIAL SUPPORT	
<b>WHEN</b>	3-6 monthly	3-6 monthly	Every Month	
<b>№</b> WHERE	ISHTAR Facility/ wellness Centre	Facility/ ISHTAR Wellness Centre, Outreaches	Community, virtual/ online	
& WHO	Clinicians	Clinicians, nurses	HTS providers, outreach workers and Peer educators	
<b>₩HAT</b>	ART refill,, adherence check and reinforcement	Clinical consultation, lab tests, STI treatment	Peer support group, support disclosure, psychosocial support	





### Strategies

- Support groups & post-test clubs
- Peer Educator initiated programs
- Outreaches
- Linking and referrals
- Social media advertisements
- Being an MSM peer led organization
- Snow balling: clients mobilize friends from their social circles





## Challenges

- Stigma and Discrimination
- Reaching out to different ages within the community
- Confidentiality
- Nutrition



### Recommendations

- Community participation is key in ensuring effective program implementation
- Awareness and advocacy within the community is key
- Health Care Provider training





## Acknowledgement

- ICAP
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- MSMGF

