

# #WatchWhatMatters

## About PLHIV Community Monitoring in West Africa

Session 6: Plenary Presentation | Fostering Engagement and Generating Demand

Solange Baptiste, Executive Director  
Mbabane, Swaziland | June 26-29, 2018



**HIV LEARNING NETWORK**  
The CQUIN Project for Differentiated Service Delivery

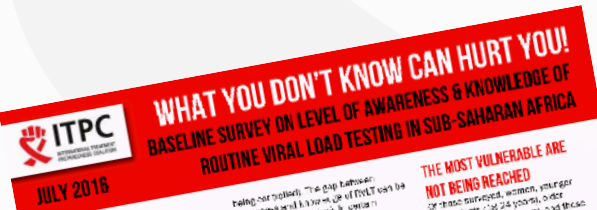


# ITPC & Community Monitoring

- In 2003, ITPC was founded in South Africa on the principles of *justice and accountability*
  - How could people in the global north have access to medicines while their counterparts in the global south were dying?
- ITPC is *issue-based*
  - We use treatment access as an entry point to ensure the right to health.
- ITPC works with and for *humans*
  - ITPC works to guarantee optimal treatment as a right for all people living with HIV, particularly for disenfranchised and marginalized populations.
- ITPC supports *communities* to define their own research questions, conduct their own research and carry out targeted evidence-informed advocacy

# Key Relevant Publications

- “Global Policy, Local Disconnects”
- “Routine for You, but not for Me”
- “What you don’t know can hurt you!”
- Missing the Target Reports 1-11



**BACKGROUND**  
The ITPC is a 501(c)(3) non-profit organization. Our mission is to ensure that the most vulnerable people in the world have access to the information and knowledge they need to prevent and control HIV. We are currently working on a campaign to increase awareness and knowledge of routine viral load (RVL) testing in sub-Saharan Africa. This is the first of a series of surveys that will be conducted in 2015 and 2016. The results of these surveys will be used to inform the development of a RVL testing program in sub-Saharan Africa. The program will be implemented in 2016 and 2017. The program will be implemented in 2016 and 2017. The program will be implemented in 2016 and 2017.

FIGURE 1. AWARENESS & KNOWLEDGE OF RVL IN SUB-SAHARAN AFRICAN COUNTRIES



**WHAT DID WE FIND?**  
The survey found that awareness and knowledge of RVL testing is low in sub-Saharan Africa. The majority of respondents (80%) had never heard of RVL testing. The majority of respondents (80%) had never heard of RVL testing. The majority of respondents (80%) had never heard of RVL testing.

**CD4 STILL PREVAILS OVER VLT**  
The survey found that awareness and knowledge of CD4 testing is higher than awareness and knowledge of RVL testing. The majority of respondents (80%) had never heard of RVL testing. The majority of respondents (80%) had never heard of RVL testing. The majority of respondents (80%) had never heard of RVL testing.

**AWARENESS IS NOT ENOUGH**  
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## THE MOST VULNERABLE ARE NOT BEING REACHED

Whether a country has 100% or 1% of its population living with HIV, the most vulnerable are not being reached. The survey found that awareness and knowledge of RVL testing is low in sub-Saharan Africa. The majority of respondents (80%) had never heard of RVL testing. The majority of respondents (80%) had never heard of RVL testing. The majority of respondents (80%) had never heard of RVL testing.

**ACTING ON THE RESULTS**  
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**CONCLUSION**  
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**RECOMMENDATIONS**  
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## WHO Monitoring Report



### Global Policy, Local Disconnects: A Look Into the Implementation of the 2013 HIV Treatment Guidelines

One year after the release of the updated “WHO Consolidated guidelines on the use of antiretroviral drugs for treating and preventing HIV infection”, ITPC investigated what the reality was on the ground for people living with HIV. In the 2013 update, WHO recommended that all people living with HIV be offered the opportunity to start treatment immediately after their diagnosis. “Global Policy, Local Disconnect” draws on ITPC’s nine Regional Networks and ARASA partners in Southern Africa, to survey a cross-section of people living with HIV, service providers and other stakeholders across the globe, to uncover the real story of access to HIV treatment.

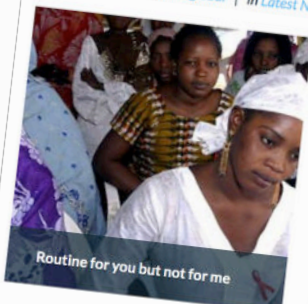


### Missing the Target 11 Documents Treatment Barriers

The International Treatment Preparedness Coalition (ITPC)’s new Missing the Target 11: Barriers to Accessing HIV Treatment Community Perspective: Experiences of Orphans and Vulnerable Children in Uganda And Sex Workers in Kenya, documents problems affecting access to treatment for people living with HIV in communities in East Africa. Learn more in our short video.

## ROUTINE FOR YOU BUT NOT FOR ME

July 18, 2015 | by ITPCglobal | in Latest News



### A Sobering Review of Access to Routine Viral Load Testing in 12 Countries in Africa

International Treatment Preparedness Coalition (ITPC) and AIDS and Rights Alliance for Southern Africa (ARASA) coordinated a review of access to Routine Viral Load (RVL) Testing across 12 African countries. The results suggest limited availability of RVL and service providers, low levels of awareness of the value of RVL amongst people living with HIV and service providers.

Over the last two decades, treatment coverage has increased, in part, thanks to effective community treatment activism across the globe. Despite these gains, close to half of those in need of treatment still have no access to life-saving medicines. It is also not clear how many people

**ROUTINE FOR YOU BUT NOT FOR ME**  
A Sobering Review of Access to Routine Viral Load Testing Across 12 Countries in Africa

COUNTRY	POPULATION	PEOPLE LIVING WITH HIV	PEOPLE ON ART	PEOPLE ON RVL
Angola	20,700,000	1,200,000	100,000	10,000
Burkina Faso	18,000,000	1,000,000	80,000	8,000
Burundi	10,000,000	600,000	50,000	5,000
Cote d'Ivoire	21,000,000	1,300,000	110,000	11,000
DRC	75,000,000	4,000,000	300,000	30,000
Ethiopia	95,000,000	5,000,000	400,000	40,000
Ghana	23,000,000	1,400,000	120,000	12,000
Kenya	41,000,000	2,500,000	200,000	20,000
Lesotho	2,100,000	130,000	10,000	1,000
Malawi	18,000,000	1,100,000	90,000	9,000
Mali	18,000,000	1,000,000	80,000	8,000
Mozambique	25,000,000	1,500,000	120,000	12,000
Niger	20,000,000	1,200,000	100,000	10,000
Nigeria	175,000,000	10,000,000	800,000	80,000
Rwanda	11,000,000	700,000	60,000	6,000
Senegal	15,000,000	900,000	70,000	7,000
Sierra Leone	6,000,000	350,000	30,000	3,000
South Africa	54,000,000	3,300,000	270,000	27,000
Tanzania	51,000,000	3,100,000	250,000	25,000
Togo	7,500,000	450,000	40,000	4,000
Zambia	11,000,000	650,000	50,000	5,000
Zimbabwe	12,000,000	700,000	60,000	6,000

# ITPC Global Fund RCTO Project At-a-Glance

APPLICANT: *ITPC*

APPLICANT TYPE: *Regional*

Sub-recipients: *11 PLHIV national organizations*

COMPONENT: *HIV*

TOTAL FUNDING: *~EURO 3,6million*

FOCUS COUNTRIES: *11* (Benin, Cote d'Ivoire, The Gambia, Ghana, Guinea Conakry, Guinea-Bissau, Liberia, Mali, Senegal, Sierra Leone, Togo)

*TIMELINE: January 2017 to December 2019*

**GOAL:** Increase access to antiretroviral treatment for people living with HIV (PLHIV) in 11 West African countries through regional advocacy using data from community treatment observatories.





# COMMUNITY MONITORING

Along the HIV Continuum of Prevention, Care and Treatment

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# COMMUNITY MONITORING

Along the HIV Continuum of Prevention, Care and Treatment

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What does this picture look like by **sub-population**?

What does this picture look like by **age disaggregation**?

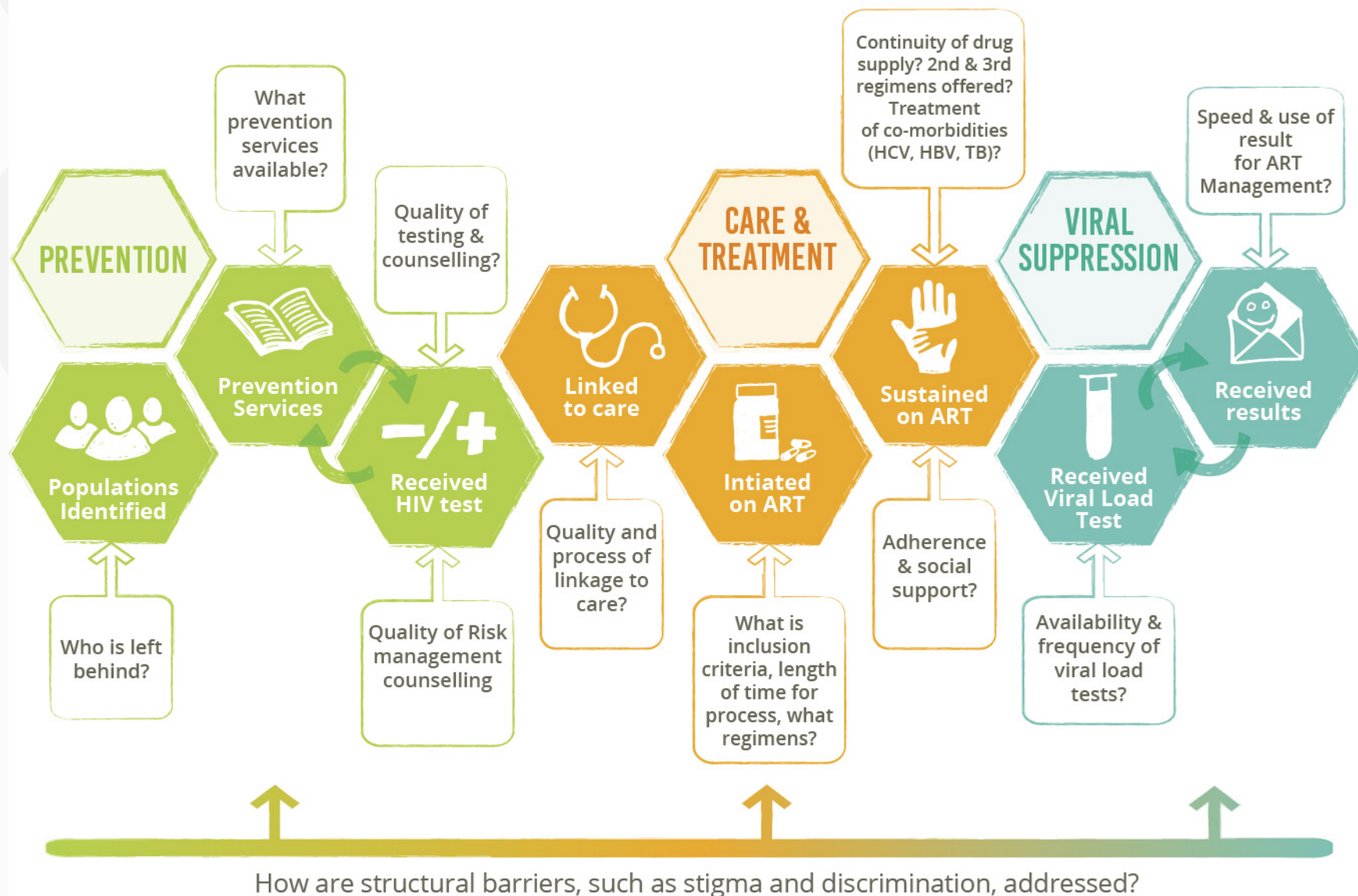
What does this picture look like by a **rights-based focus / lens**?

What does this picture look like by **region or geographical location**?

What does this picture look like by **investment, policy, skill and interest**?

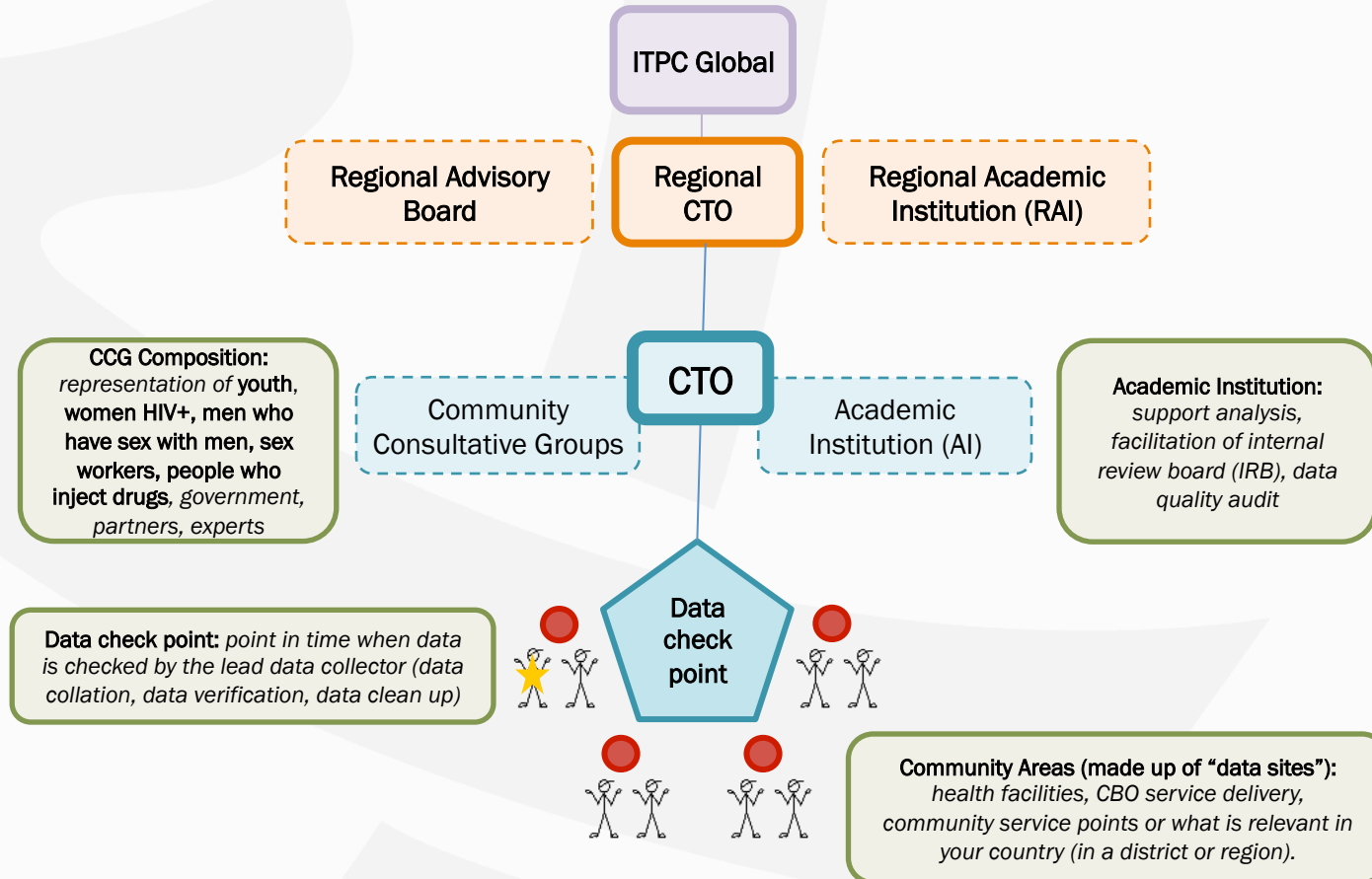
# COMMUNITY MONITORING

Along the HIV Continuum of Prevention, Care and Treatment





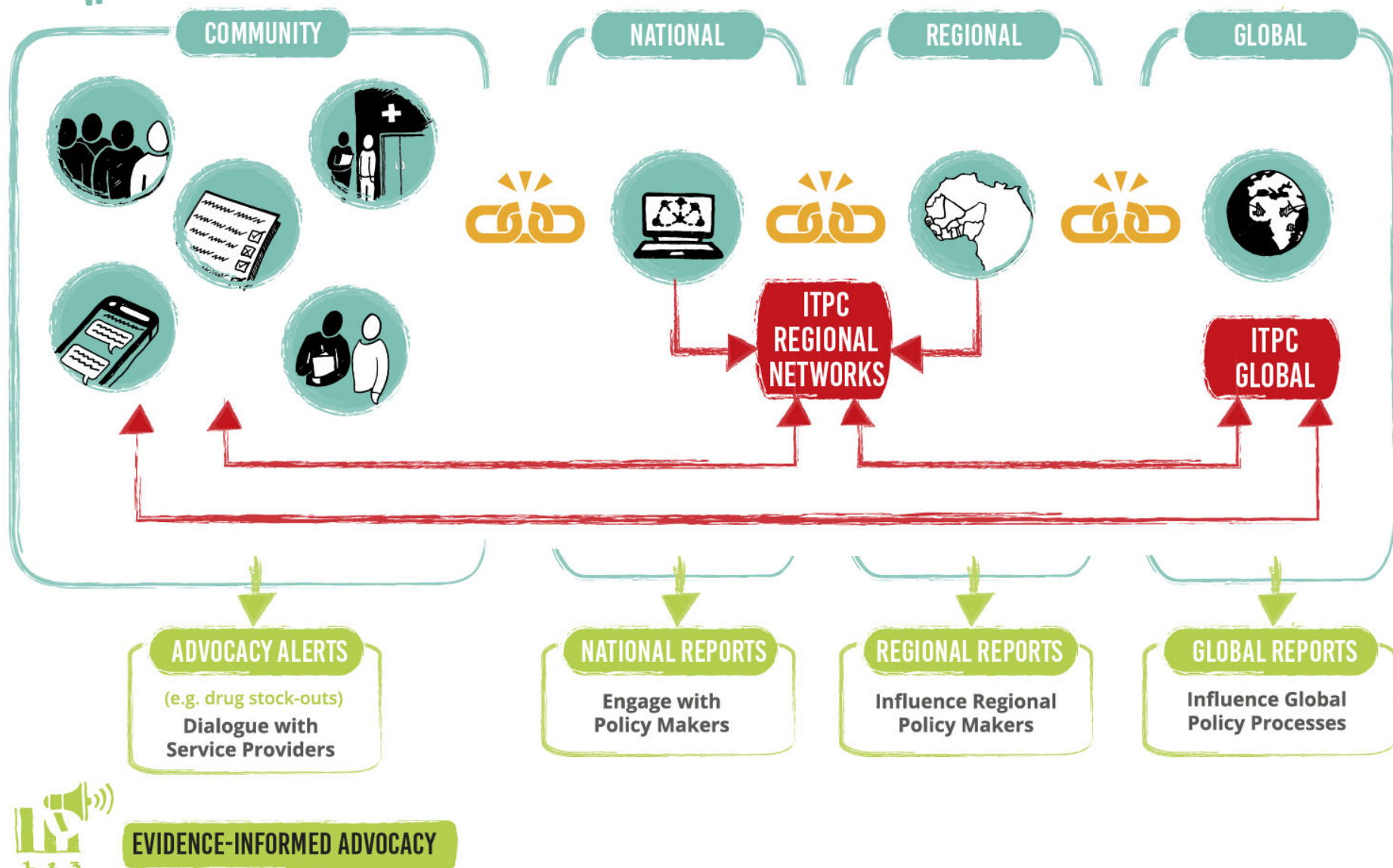
# Structure of a Community Treatment Observatory (CTO)





## MONITORING AND REPORTING

# ITPC'S COMMUNITY MONITORING MODEL



# Benefits of the CTOs

- Collection of **qualitative data** from the perspective of the recipients of care:
  - Helps to provide in-depth context for trends observed in quantitative data, collected at health facility level
  - Helps to provide context on quality of service and not just quantity
- Builds the **capacity of communities** on data ownership, management and processing: “building the practice of data collection, entry, analysis, and validation”
- Gives **credibility** and supports community organizations to **contribution to national** indicators and data systems
- Facilitates **evidence-based advocacy approaches** (by communities/recipients of care) to inform improvements of policies, programs and services
- Provides opportunity to develop **appropriate demand creation strategies**

# Categories of CTO Coverage

Category	CTOs in Progress	District level CTOs	National level CTOs
Criteria and Countries	<p>Data collection <u>in the capital city area</u></p> <p>Criteria for site selection: representation of target groups and high number of PLHIV receiving services</p> <p>Guinea-Bissau Liberia Benin Mali</p>	<p>Data collection at <u>district level</u></p> <p>Criteria for site selection: High prevalence in the districts (+2%) covered. Data collection should not be in more than one region/province.</p> <p>The population covered by the data collectors should be a minimum of 10% of the total PLHIV receiving services in the country.</p> <p>The Gambia Guinea Conakry Ghana</p>	<p>Data collection at <u>provincial/ regional level</u></p> <p>Criteria for site selection: High prevalence in the provinces/ regions (+2%) covered. The population covered by the data collection should be minimum of 20% of the PLHIV receiving services at national level</p> <p>Possibility to cover more than 2 regions/provinces as long as they have the 20% representativity condition</p> <p>Sierra Leone Senegal Cote d'Ivoire Togo</p>

# Number & Type of Sites by country

**Quantitative data collection (monthly) by site and country**

Countries	Category	Public health facilities	Community services
Bénin	CTO in progress	1	-
Guinée Bissau	CTO in progress	7	1
Mali	CTO in progress	3	1
Libéria	CTO in progress	14	-
Ghana	District level CTO	7	-
Guinée Conakry	District level CTO	6	2
The Gambia	District level CTO	12	-
Cote d'Ivoire	National level CTO	13	2
Sierra Leone	National level CTO	14	6
Sénégal	National level CTO	10	1
Togo	National level CTO	6	1

**Qualitative data collection (quarterly) by country**

Countries	Total number of persons (Q1 2018)
Bénin	47
Cote d'Ivoire	50
Ghana	45
Guinée Conakry	49
Guinée Bissau	-
Libéria	47
Gambie	42
Sierra Leone	50
Sénégal	50
Togo	50
Mali	42



# Examples of Key Indicators

## PREVENTION

- 2.1ai Number of people who received an HIV test
- 2.1.aii Number of people who received an HIV test and know their **result**
- 2.1b Number of eligible people provided with pre-exposure prophylaxis (PrEP)
- 2.1c Number of eligible people provided with post-exposure prophylaxis (PEP)

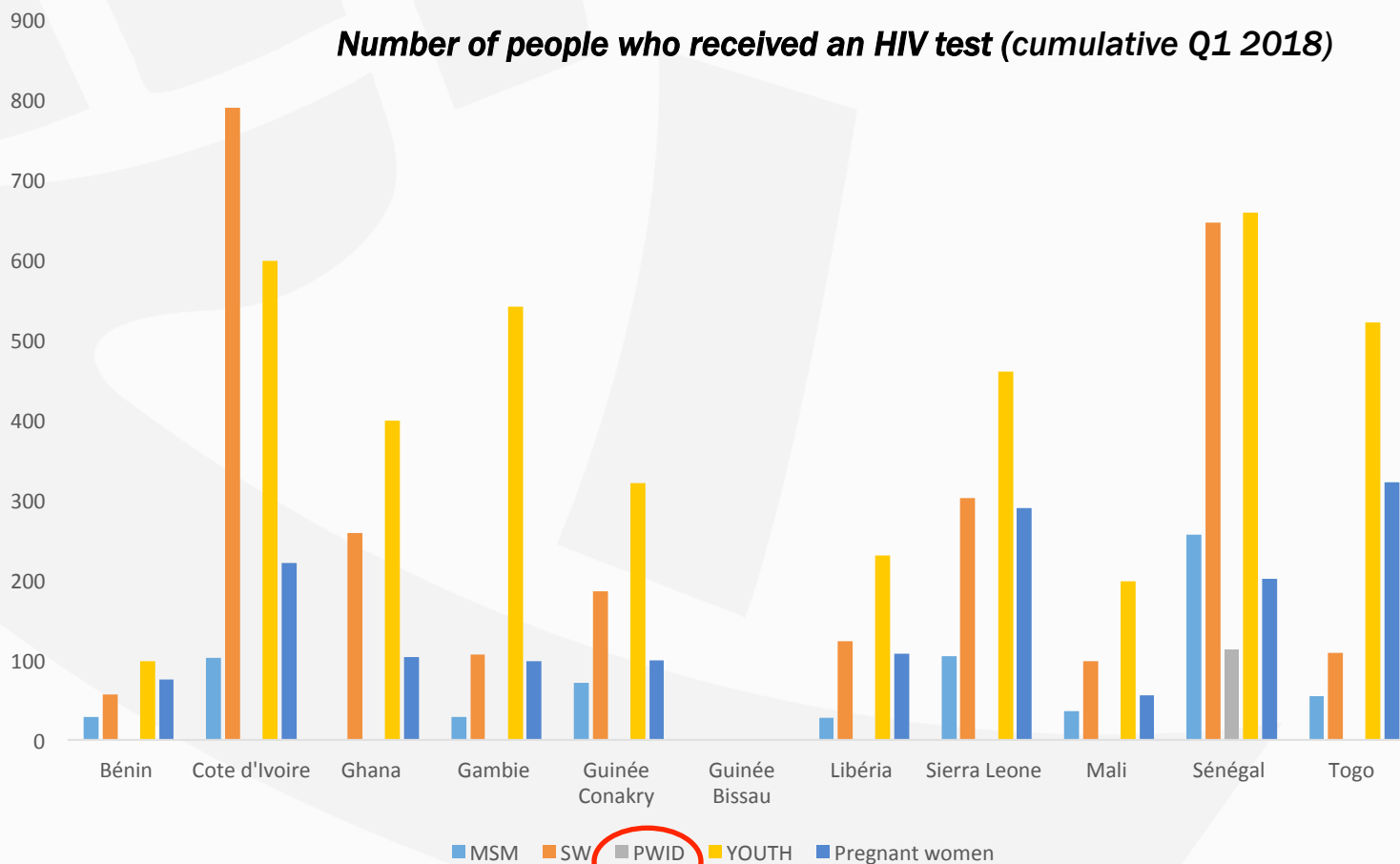
## CARE & TREATMENT

- 2.2a Number of PLHIV **initiating** ART
- 2.2b Number of PLHIV currently receiving ART
- 2.2c Number of PLHIV known to be on ART 12 months after initiating

## VIRAL SUPPRESSION

- 2.3a Number of PLHIV that have **did a viral load test**
- 2.3b Number of PLHIV that received their viral load test **result within two weeks** of taking the test
- 2.3bi Number of PLHIV that received their viral load test result between fifteen days and three months of taking the test
- 2.3c Number of PLHIV on ART who have achieved viral suppression (<1000 copies/ml)

# Prevention

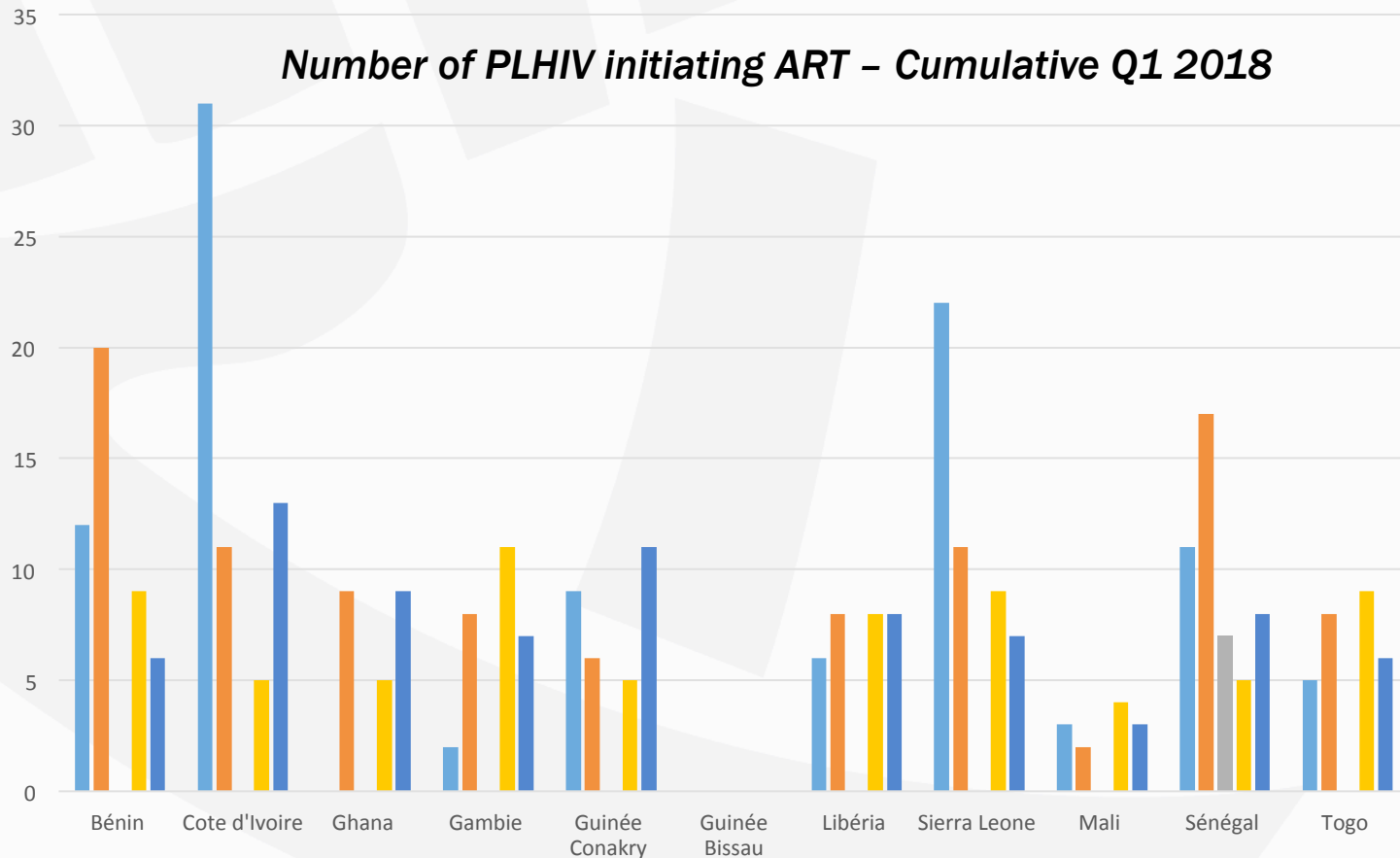


## Q1 Qualitative analysis (focus groups) showed:

- In some countries there are low proportions of KPs testing or KPs test but do not self-identify at the health center, **due to high stigma that still prevails within the health facilities.**
- Where there is data on key populations: **KPs preferred to access services from KP-friendly sites**

# Care & Treatment

*Number of PLHIV initiating ART – Cumulative Q1 2018*



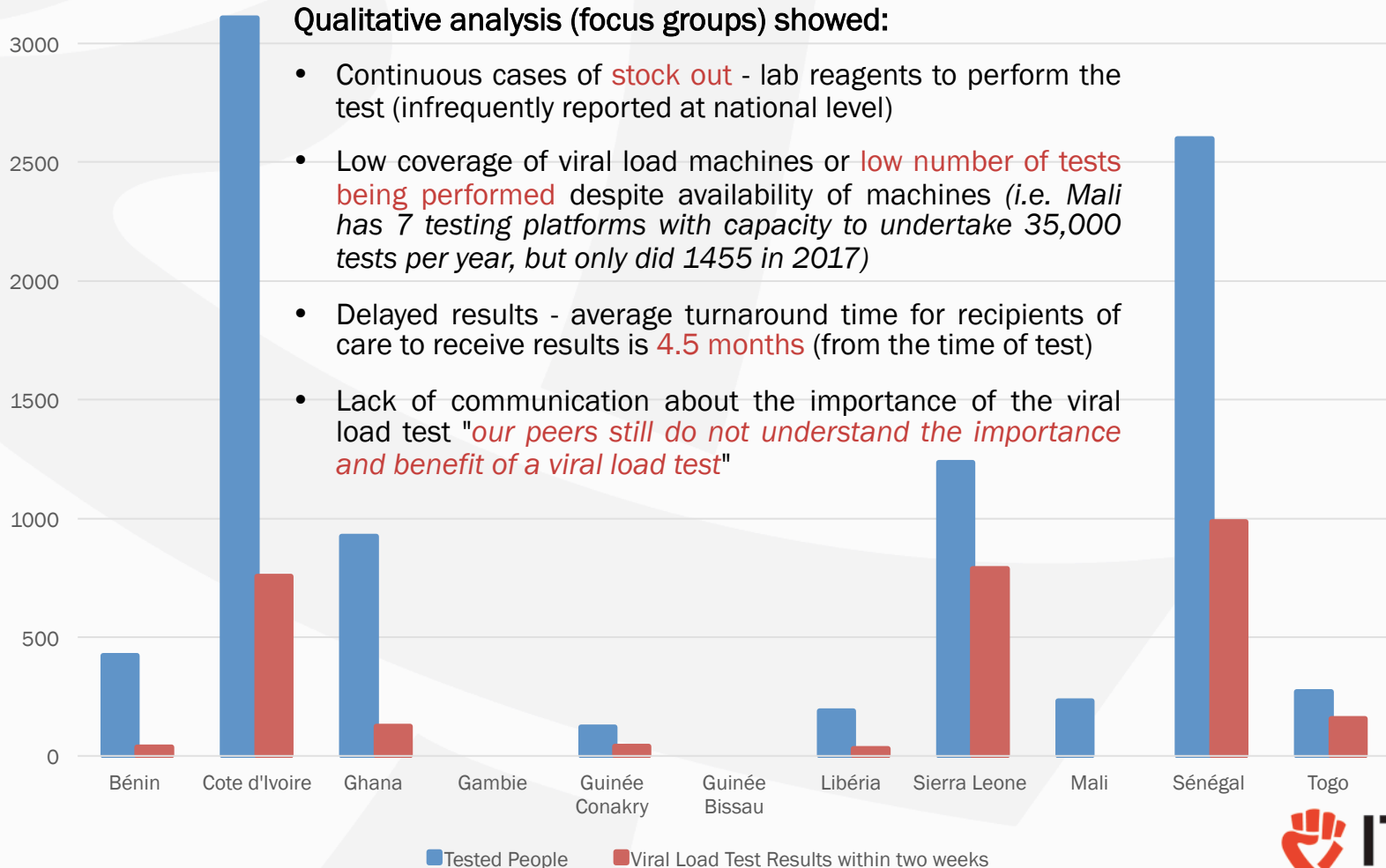
## Qualitative analysis (focus groups) showed:

■ MSM ■ SW ■ PWID ■ YOUTH ■ Pregnant women

- Despite current "Test and Treat" policy, slow uptake of treatment due to:
  - Location of health centers (being far away), and cost of transportation prohibits travel to health facility
  - Stigma still prevails in many health centers, therefore recipients of care prefer to travel to other regions and areas to access services (fear of disclose or being identified) = loss to follow up
  - Lack of access to continuous nutrition in order to take medicine

# Viral Suppression

**Number of PLHIV that have done a viral load test compared with the Number of PLHIV that received their viral load test result within two weeks of taking the test – Cumulative Q1 2018**



# Next steps on Data

- **Compare with National Data**
  - Challenges
    - Access to data (right to information)
    - Disaggregation
    - Timing (about 2-year lag)
    - Integration of community-led data and/or processes into national data - political (DSD is an excellent entry point for this)
- **Resolve issues raised from data quality audit**
  - Challenges
    - Accountability mechanisms
    - Capacity building
- **Focus intensely on CTOs working at district and national level for the remainder of the project (vs those in progress)**





# What else have we heard?

## VIRAL LOAD TESTING

- *Limited knowledge and availability of routine viral load testing*

3 regional trainings (Asia, Africa, LATCA) 60 participants & survey conducted in 9 countries, 2,250 PLHIV respondents

- Respondents didn't know that the RVLT existed
- Awareness, knowledge and uptake of VLT was low and generally eclipsed by awareness/knowledge and uptake of CD4 testing
- Cost of RVLT was a significant issue

- *Stock-outs still a persistent issue*

Global survey, 764 respondents

- West & parts of Southern Africa - regular CD4 and viral load testing were often unavailable for patients due to frequent stock-out of lab reagents

# Perspectives

*“We are thinking now that people taking blood to make money because I have had HIV for 18 years now, and had my blood taken 3 times and **never** gotten a result for my viral load test. We have no clue what is going on!”* Leader in PHLIV Network, The Gambia.

*“I don’t know what you are talking about, third line? The third line is the **graveyard!**”* Leader in PHLIV Network, The Gambia.

# Other Key Observations

- Governments remain hesitant to invest in communities and key population programming, despite evidence of the public health impact
  - These interventions were mainly funded by bilateral or multilateral donors
- Frequent human rights violations
- Key population organizations and small community NGOs still struggle with legal registration
- Stock outs/Shortages (lab commodities), artificial stockouts, poor forecasting, delivery etc. – sitting in stores).
- Fragile health systems (Ebola)

DSD is an opportunity in WA

# ITPC Global Fund Project in W. Africa

Community System Strengthening



Monitoring/Data

Regional Advocacy



# ITPC Global Fund Project in W. Africa

## Community System Strengthening





# So what's the Link to DSD?

- Can't effectively scale DSD without:
  - robust **COMMUNITY MONITORING**: to monitor quality and access of services along the HIV cascade
  - understanding how to scale/improve **QUALITY** (not just #s)
  - building **COMMUNITY SYSTEMS**
  - truly supporting the shift to more **COMMUNITY-LED & PROVIDED SERVICES**
  - funding **COMMUNITY ADVOCACY**: to ensure there is a strong community voice