



HIV Self Testing – CIDRZ Experience

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HIV LEARNING NETWORK
The CQUIN Project for Differentiated Service Delivery

Differentiated Testing Overview at CIDRZ

Two activities:

1. Support national roll-out of HIVST, targeting:

- Adult men
- Adolescents and young adults (male and female) 16 - 24 years

2. Qualitative study:

- To explore barriers of and facilitators to linkage to clinical services among AGYW who screen positive for HIV via HIVST in Lusaka

“Test Yourself Now” Campaign – August 2018 - Mobilizing



MOBILIZING

Satellite activities for 2018 National HTCT Day
“My Family, My Nation, My Responsibility”

WHEN	2 weeks of activity in August 2018
WHERE	4 districts with high HIV prevalence: Lusaka, Ndola, Kitwe and Livingstone
WHO	Facility-based health workers and lay/peer providers
WHAT	Massive community mobilization: local mass media, IEC materials, awareness campaigns in work places, schools, markets, malls

“Test Yourself Now” Campaign – August 2018 - Testing



WHEN	During and after working hours
WHERE	Learning institutions, work places, markets, all service delivery points within health facilities, sports centers, truck stops
WHO	Health workers and lay providers / peers
WHAT	Assisted Testing: clients provided space to conduct the test themselves and results collected by the counselors Non-assisted testing: Clients given test kits to test at home

“Test Yourself Now” Campaign – August 2018 - Linkage



LINKING

WHEN

- Assisted HIV+ clients were immediately referred to ART care
- Assisted HIV- clients referred to preventive services

WHAT

Non-assisted clients: follow up on whether tests was done and results done by peer supporters – phone call, SMS, home visit

Preliminary Results

- 13,195 ST kits distributed
- Targeted populations:
 - female 16-24 years
 - men > 25 years

Age Range	Male	Female
16-24 years	2,353	3,337
25-34 years	2,156	1,801
35-44 years	1,441	865
45-54 years	645	334
>55	173	90
Total	6,768	6,427

Discussion



MOBILIZING



TESTING



LINKING

- **Key Successes:**

- Targeted population reached with mass awareness of new HIV testing modality
- Reduced HIV testing waiting times at facility level
- Acceptance by community

- **Key Challenges:**

- Non-standardized data collection tools
 - Difficult to identify which clients used HIVST modality, test results and linkage rates
- Inadequate supplies from pipe line to meet demand created

Activity 2: Qualitative Study to Explore post-HIVST Linkage amongst AGYW

- Qualitative study in collaboration with ICAP
 - Co-Investigators: Miriam Rabkin & Elaine Abrams
- Funded by PEPFAR/HRSA
- **Key question:**
 - What are the barriers and facilitators to linkage to clinical services among AGYW who screen positive for HIV via HIV self-testing (HIVST) in Lusaka, Zambia?

Post-HIVST Linkage, continued



LINKING

- In-depth interviews & focus group discussions to determine:
- Thoughts, feelings and experiences from the moment of accepting a ST kit to the moment of testing positive
 - How do AGYW self-testing positive for HIV decide whether or not to present to clinic for a confirmatory test?
 - AGYW experiences with clinical services when presenting for a confirmatory test?
 - Which people, objects and events involved in the processes starting from the time of self-testing HIV positive do AGYW find most and least helpful for linkage to clinical services?

Thank you

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