



CQUIN Differentiated MCH Workshop

May 25-27, 2021

Update on the Ghana mentor mother's program for DSD in pregnancy and lessons learned

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HIV Learning Network

The CQUIN Project for Differentiated Service Delivery

Background/Context

- Pregnant and Breastfeeding women living with HIV experience interpersonal barriers including coping with a new diagnosis, stigma and partner disclosure. These barriers can reduce their adherence and retention in care.
- one potential strategy to overcome these barriers to improve uptake across the PMTCT cascade is the Mentor Mother peer support intervention
- Mentor Mothers are HIV-positive women who serve as peer counselors for PMTCT clients, provide guidance, and support in keeping appointments and promoting antiretroviral adherence and retention-in-care.
- In 2020 the Country piloted the Mentor Mother program to assess its impact on the uptake of services at every stage along the PMTCT
- Recruited, trained and supported 100 mentor mothers in 29 health facilities for the pilot

DSD BUILDING BLOCKS

WHAT

- Psychosocial Support
- Adherence support

WHO

- Mentor Mothers

WHEN

- Daily
- Weekly
- Monthly

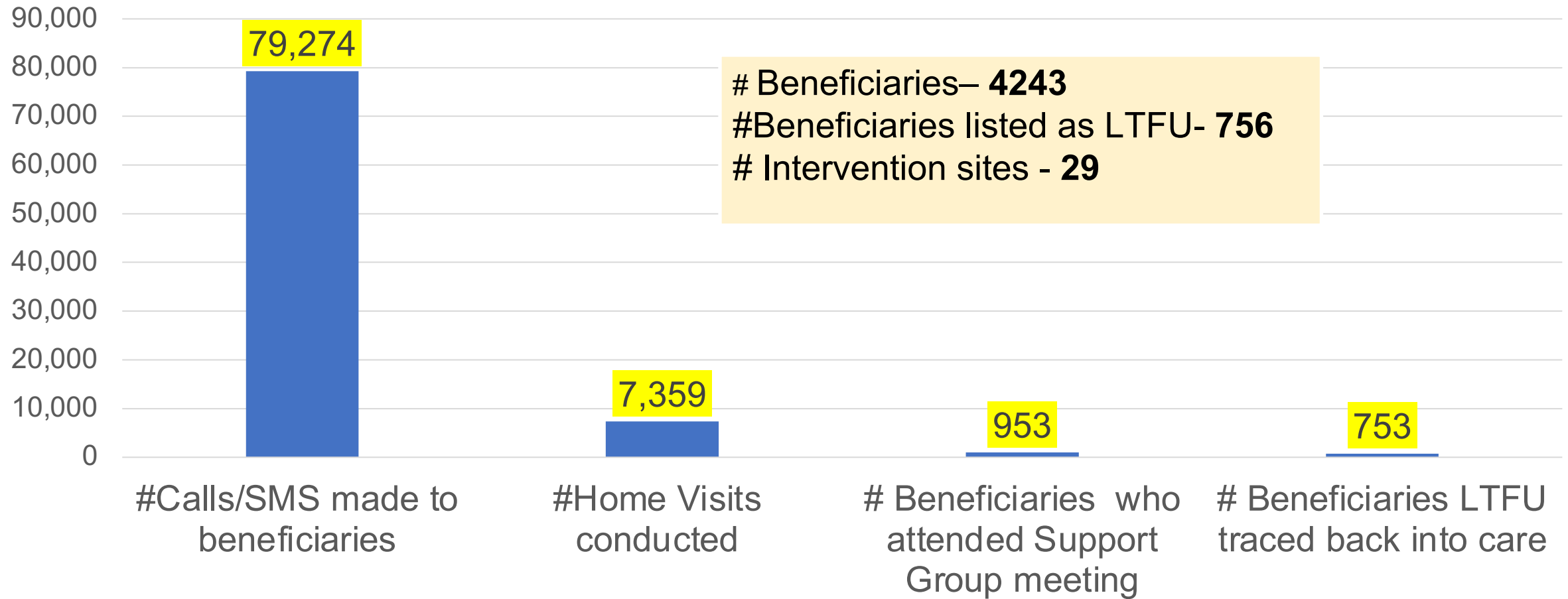
WHERE

- Health facility
- Home
- Community

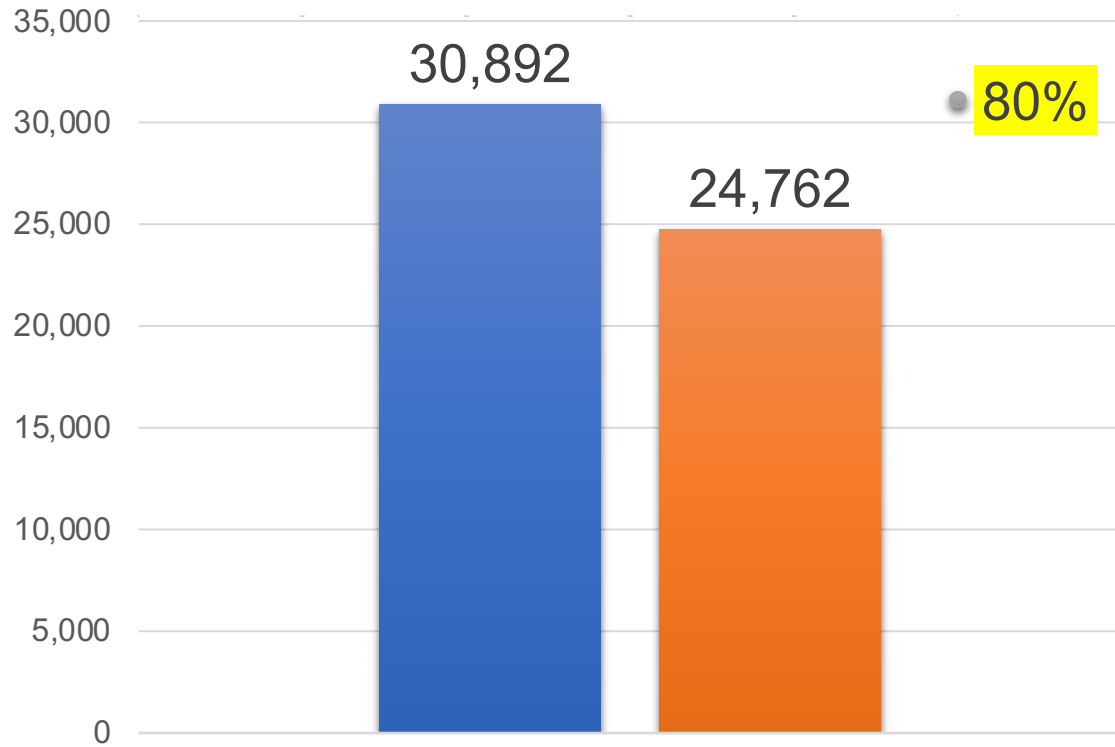
HOW

- Provide one-on-one peer education and counseling
- Support group sessions
- Linkage and referrals
- Use of reminders (SMS/ Whatsapp messaging or follow up calls)
- Carry out home visits
- Track and trace missed appointment/ LTFU
- Arrange and support uptake of services across treatment cascade

Support provided to beneficiaries from intervention sites, Jan-Dec 2020

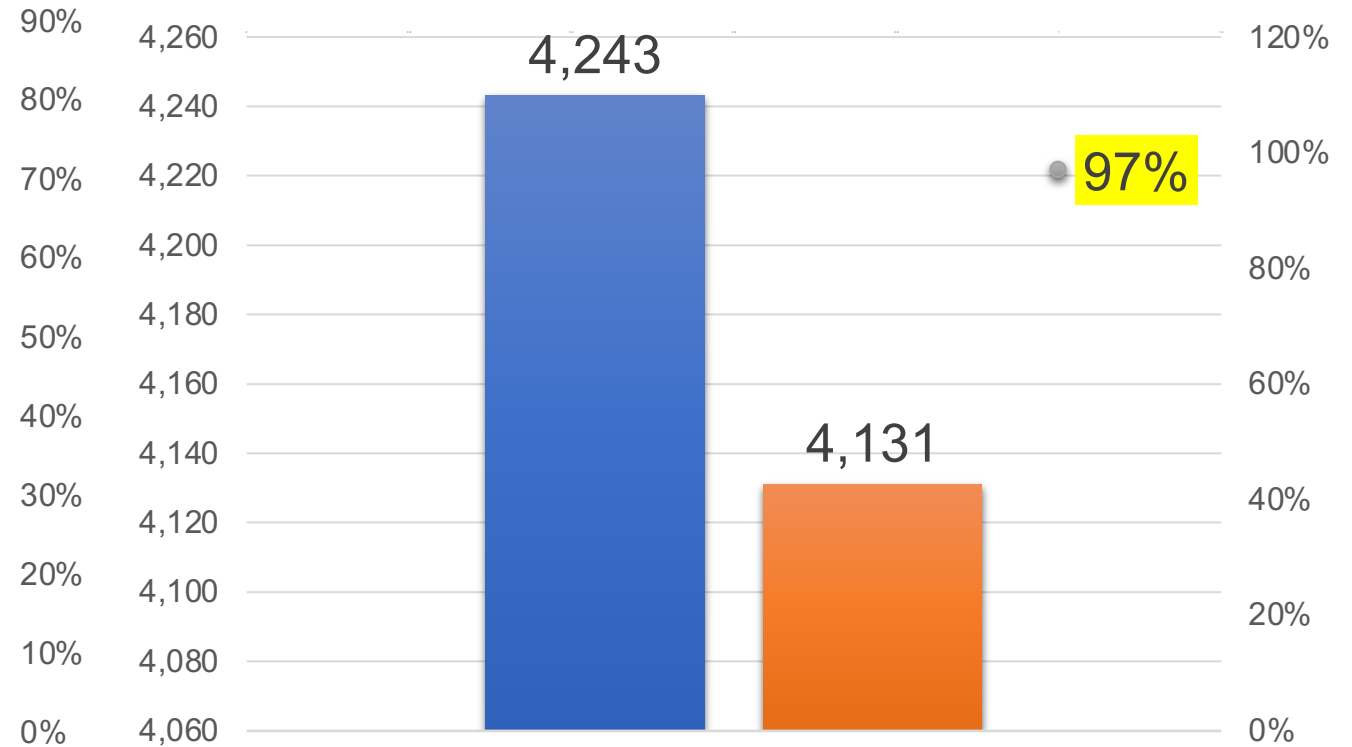


ART Coverage for HIV positive pregnant women (National vs. Intervention sites)-Jan-Dec 2020



National-4640 sites

- HIV positive pregnant women
- Numbers initiated on ARVs
- ARV Coverage

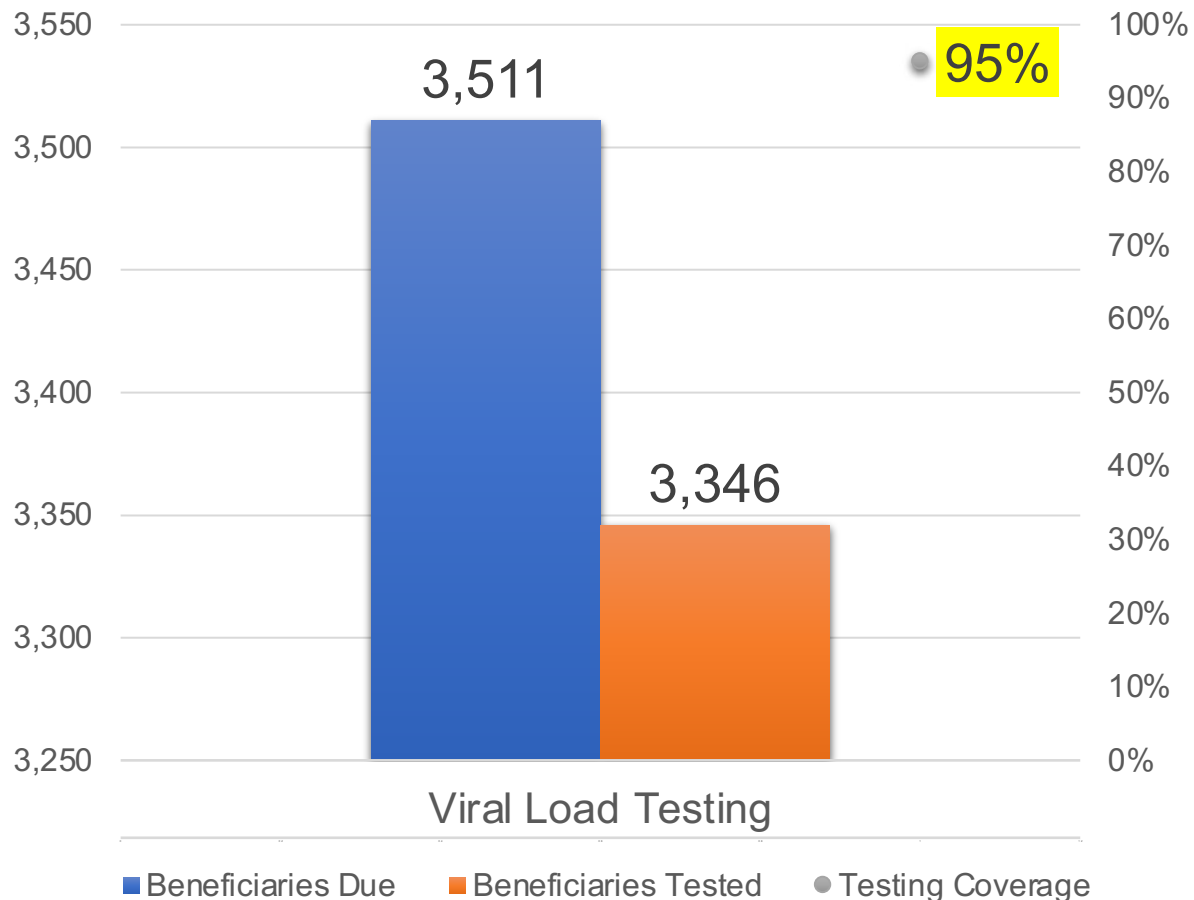


Intervention sites-29

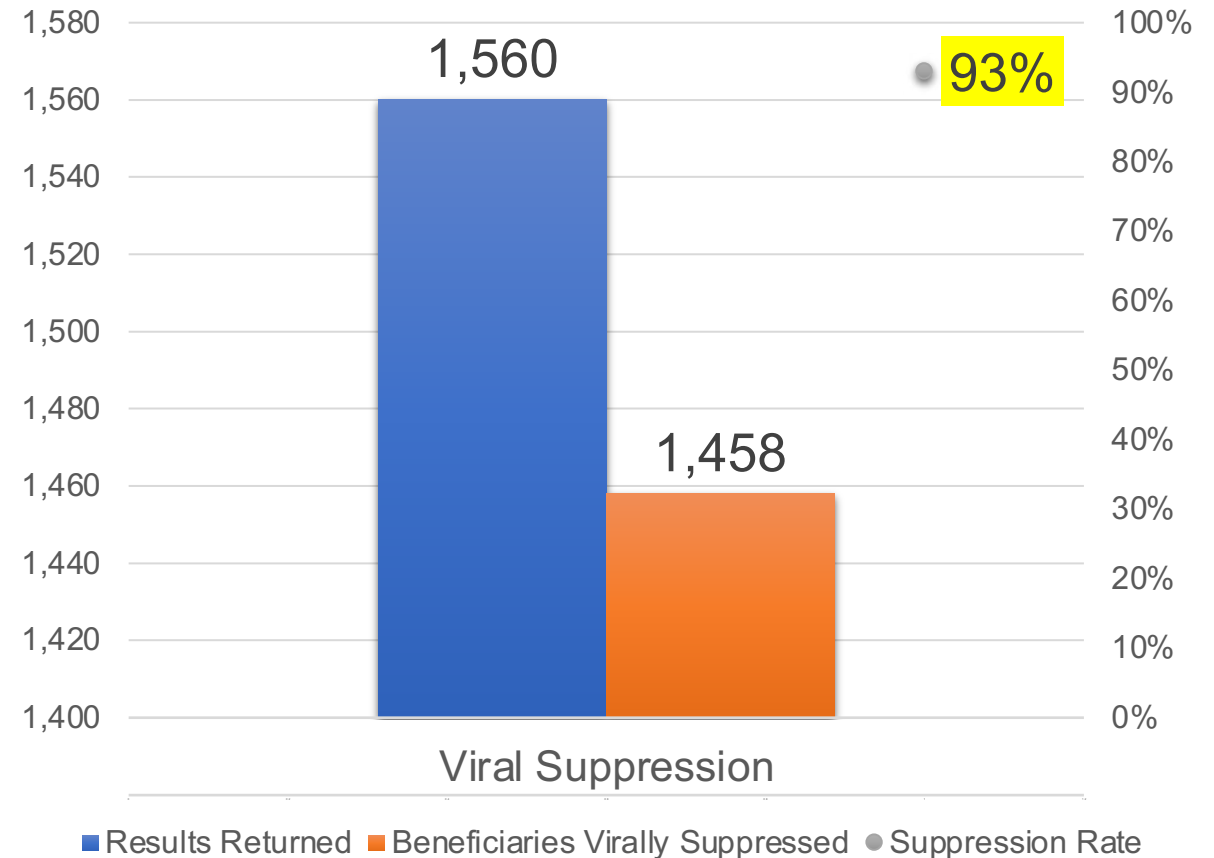
- HIV positive pregnant women
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Viral Load Testing Among Beneficiaries (PBFW) from 29 health facilities, Jan-Dec 2020

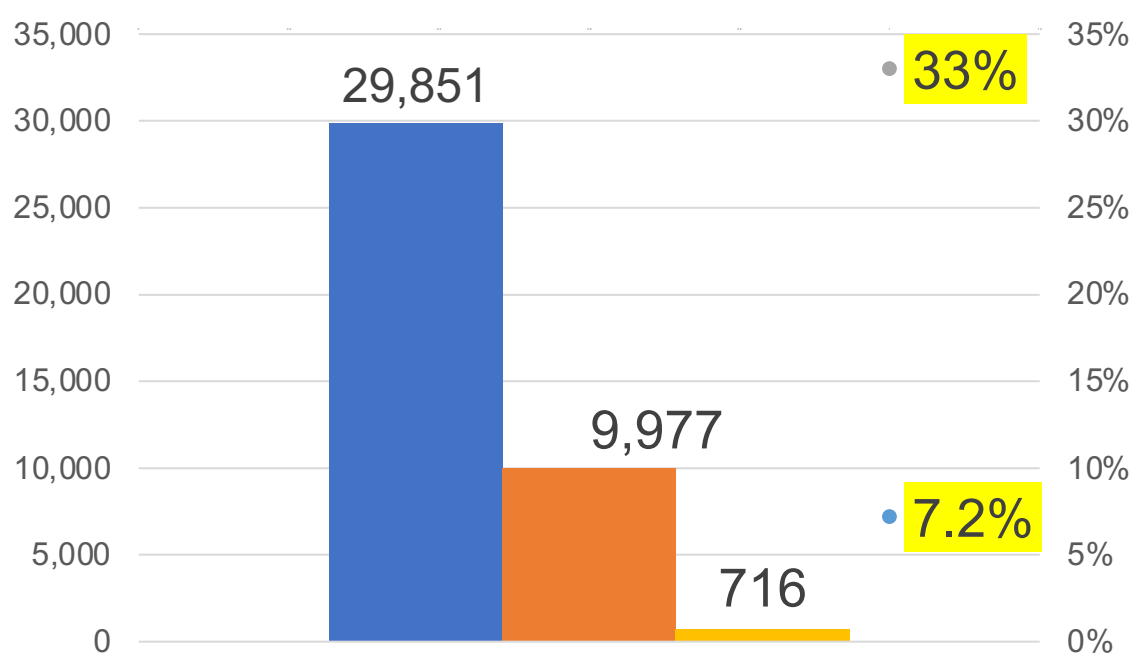
Viral Load Testing Coverage



Viral Suppression among beneficiaries

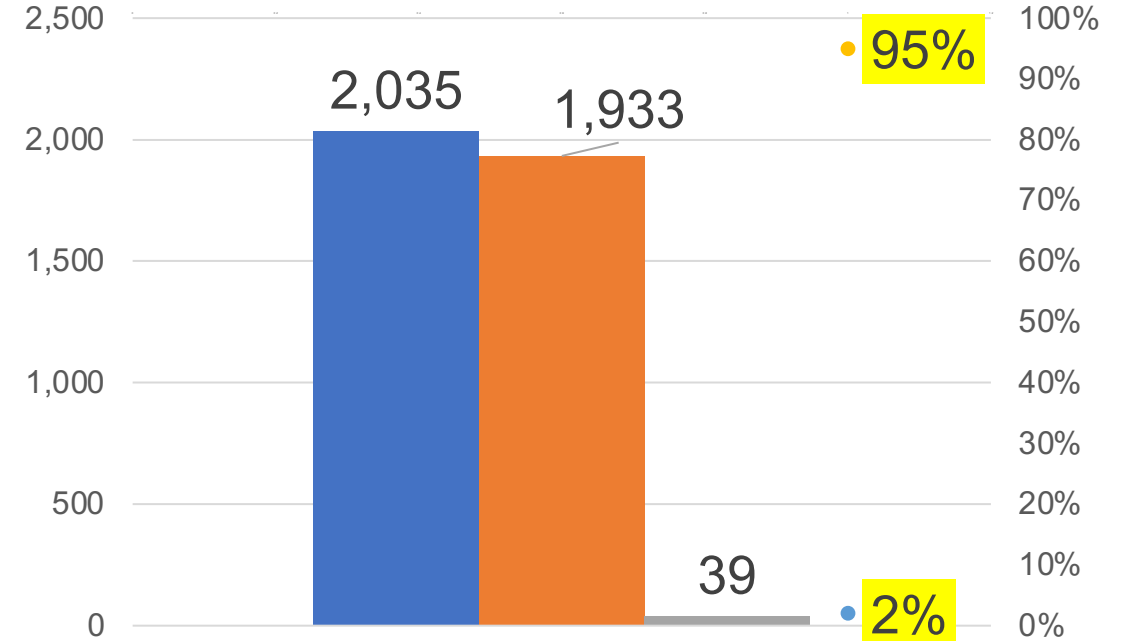


Early infant Diagnosis of HIV Exposed Infants, (National vs. Intervention sites)- Jan-Dec 2020



National-4640

- Number of HEI
- Number tested with results
- Number positive
- Testing Coverage
- MTCT rate @6weeks



Intervention Site-29

- Number of HEI
- Number tested with results
- Number positive
- Testing coverage
- MTCT rate @6weeks

Family-based index client testing among beneficiaries from 29 intervention sites, Jan-Dec 2020



Results/ lessons learned

- Uptake of services across the PMTCT Cascade can be enhanced using the MM model of service delivery.
- MM model increases adherence to achieve viral suppression
- HIV positive mothers and their HIV exposed children in the MM program had higher retention in HIV care at every step along the PMTCT cascade.
- Supportive supervision of MMs ensured quality messages during education sessions and accurate reporting
- The next step is to maintain and scale up the Mentor mother program to other facilities

ACKNOWLEDGEMENT

- GHS
- NACP
- CHAG
- RURAL WATCH
- ALL MENTOR MOTHERS
- WHO
- GLOBAL FUND

Thank
You!

