

CQUIN 5th Annual Meeting

Virtual: November 16-19, 2021

HIV services for people who use drugs

Anna Deryabina Director for Central Asia 18 November 2021



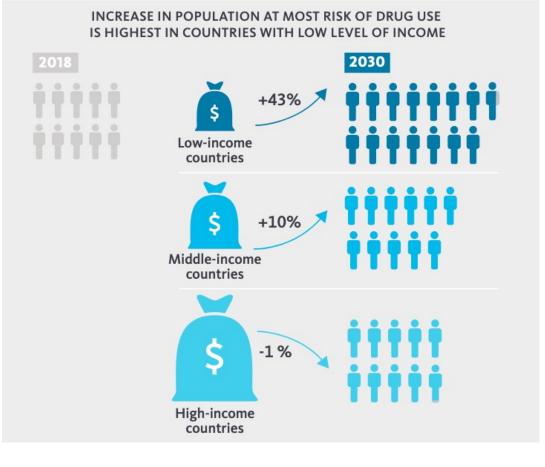
HIV Learning Network
The CQUIN Project for Differentiated Service Delivery



- Global drug use
- HIV and other consequences of drug use
- Essential packages of services for people who use drugs
- **Enabling environment**
- Integration of services
- Measuring effectiveness

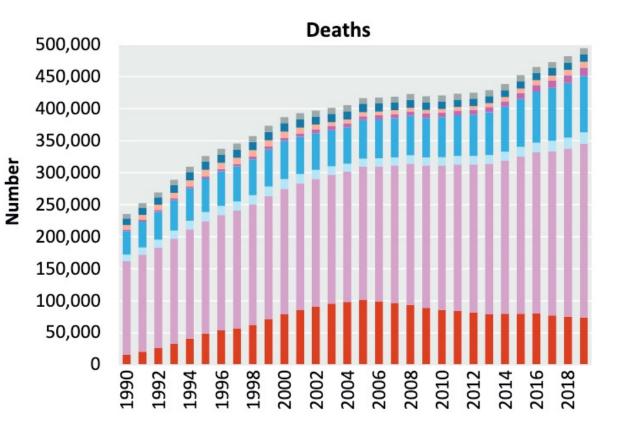
Global drug use

- 275 million people use drugs
 - 60 million located in Africa
- 36 million people suffer from drug use disorders
- 11 million people inject drugs (PWID)



Health consequences of drug use

- Almost 500,000 drug-use related deaths
- Injecting drug use accounted for 10% of all new adult HIV infections globally
- One in eight people who inject drugs worldwide is living with HIV



Hepatitis C (liver cancer, cirrhosis and other chronic liver diseases)

- Opioid use disorders
- Cannabis use disorders
- Self-harm

HIV/AIDS

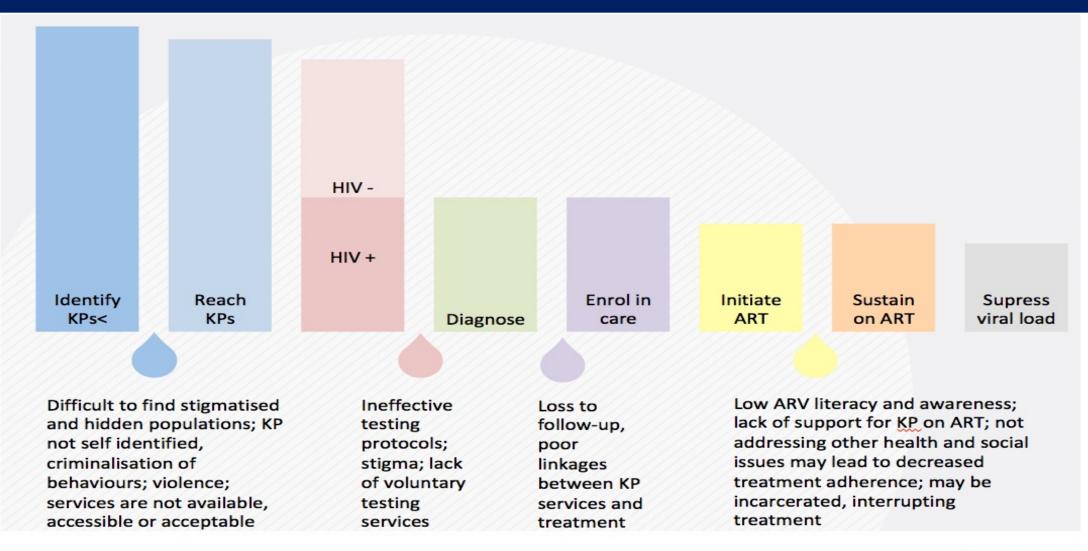
Other

- Other drug use disorders
- Cocaine use disorders
- Amphetamine use disorders

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UNODC, World Drug Report 2021

HIV and Substance Use





Rapid spread of HIV, frequent outbreaks

Figure 1

Share of HIV Infections Attributed to Injection Drug Use Overtime, 1980-2015

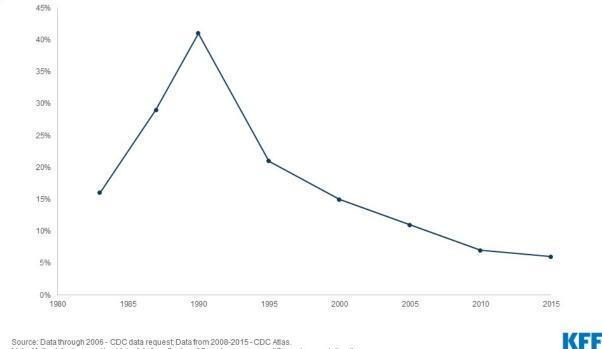
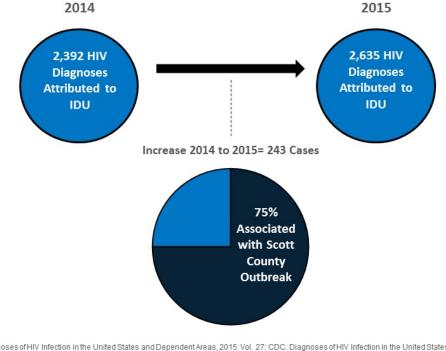


Figure 2

2014 & 2015 HIV Diagnoses and the Scott County, Indiana Opioid Epidemic

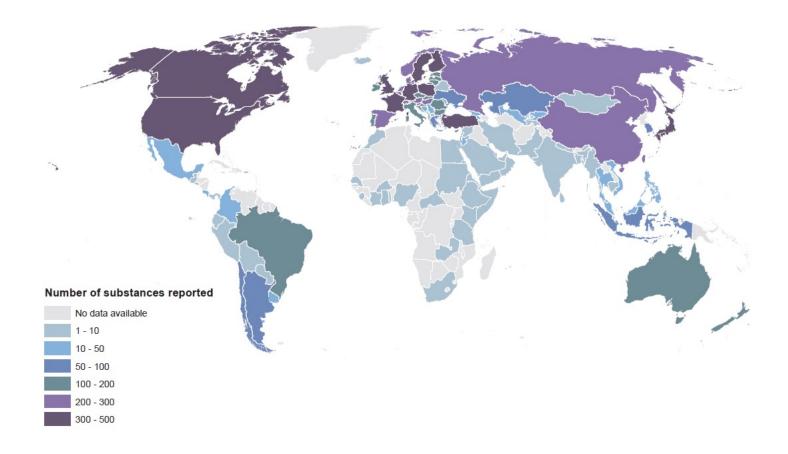




Note: Methodologies used to obtain data from the two different sources may differ and may not directly compare

KFF

Diversification of substances



- Purity and composition are often not known
- Side effects include agitation, aggression, acute psychosis

Essential services for prevention and treatment

For all PWIDs:

- Needle and syringe programs
- Opioid agonist maintenance therapy
- HIV testing services
- Condom and lubricant programs
- Targeted information, education and communication
- Diagnosis, prevention and treatment of TB, STIs, and viral hepatitis
- Community distribution of naloxone

For HIV-Negative PWIDs:

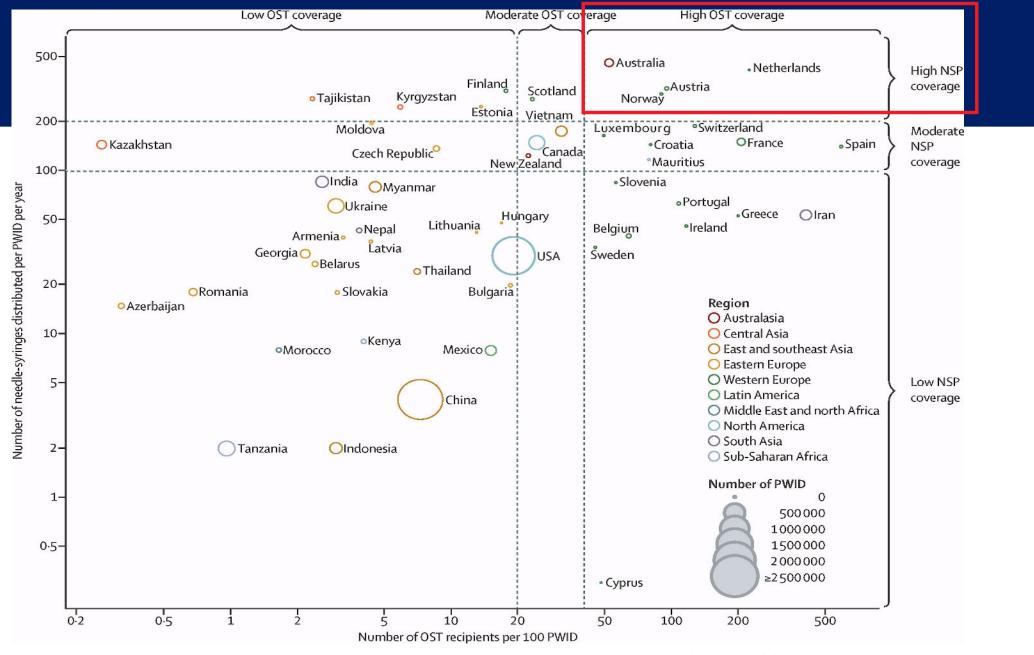
• PrEP

For HIV-Positive PWIDs:

- Antiretroviral therapy
- Adherence support



Implementing Comprehensive HIV and HCV Programmes with People Who Inject Drugs PRACTICAL GUIDANCE FOR COLLABORATIVE INTERVENTIONS



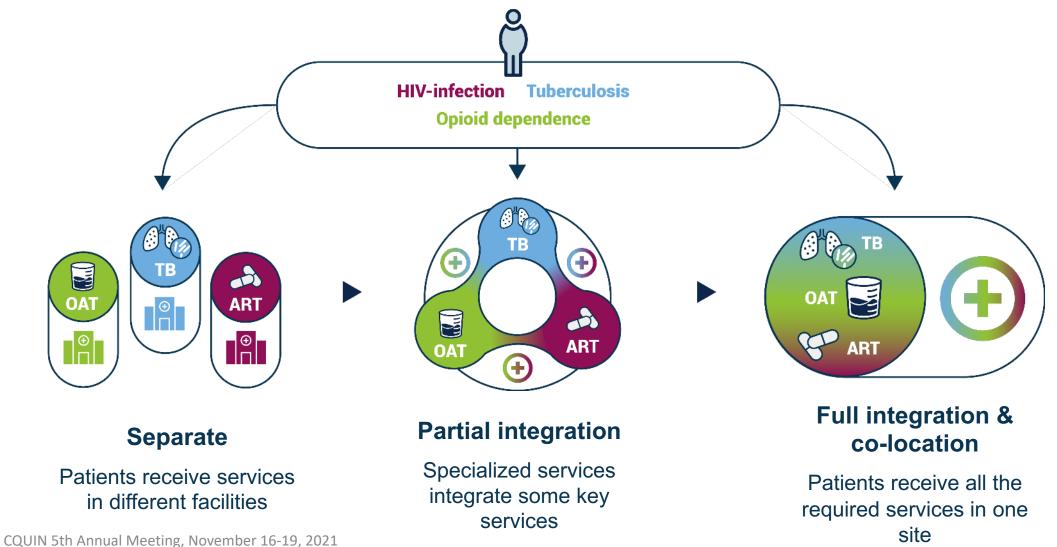
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Larney et al. Lancet Global Health 2017

Essential strategies for an enabling environment

- Interventions to address and reduce stigma and discrimination
- Decriminalization of drug use and drug possession for personal use
- Community engagement
- User-friendly, low-threshold, and non-judgmental services
- Gender- and age-responsible programming, family-centered approach

Integration of Services

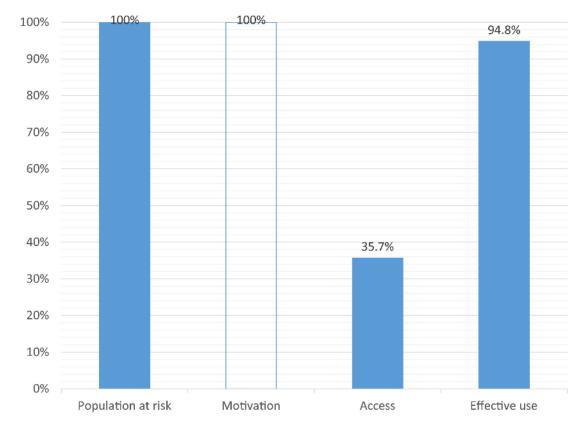


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Measuring effectiveness of HIV programs for people who use drugs

- Implementation of regular biobehavioral surveys
- Program data analysis

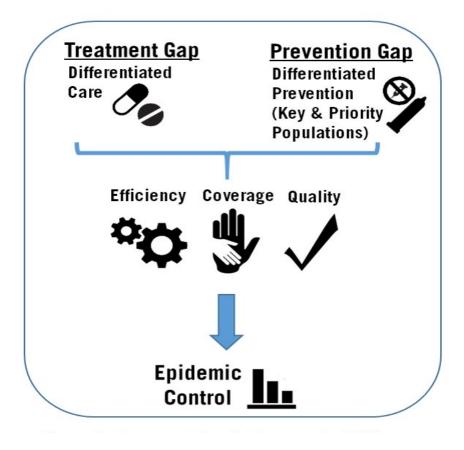
Population-specific HIV prevention cascades and HIV treatment cascades Operationalizing the HIV prevention cascade for PWID using the integrated bio-behavioural survey data from Ukraine



Journal of the International AIDS Society, Volume: 23, Issue: S3, First published: 30 June 2020, DOI: (10.1002/jia2.25509)

Conclusion

- HIV epidemic control requires achieving high coverage for prevention and treatment among people who use drugs
- Effective HIV programming includes implementation of integrated strategies including biomedical, behavioral and structural interventions
- Differentiated service delivery models for both prevention and management of HIV help to improve outcomes and make services more accesible
- Active community engagement is critical to accessing and engaging these populations
- Zero tolerance for stigma and discrimination is critical to confronting the threat of HIV among people who use drugs



El Sadr et al PLoS Med 2017

Thank you!



