# **Escalation Plans**

# Type of clients Escalated

#### **Newly Diagnosed HIV Positive**

#### **On Diagnosis**

- Individualized counseling (pre and posttest counseling)
  - Benefits of early ART
  - Counseling for linkage
- Enroll client on ELCM For clients delaying Provide
- Pre ART package **Identify** barriers
- Assist client to resolve
- barriers to ART Pretreatment VL
- **Motivational Counseling**
- Escalate client according to facility escalation plan

#### At every refill

- Conduct adherence assessment, counseling and encourage client to be adherent
- Explore challenges that might hinder adherence
- Reaffirm facility support to client
- If barriers identified escalate accordingly
- Continue providing E-LCM according to support needed

### Sub-optimal pill count

- Conduct enhanced adherence counseling to uncover barriers to treatment early for prompt interventions
- Successful implementation of intervention will prevent client from regressing to HVL to appointment & IIT
- Motivational counseling and escalate clients based on facility escalation plan

# Missed appt/ defaulters

Clients on ART

- Conduct adherence counseling and promote appointment adherence.
- Discuss reason for missed appointment and explore convenience of appointment to clients' needs and encourage client to adhere
- Explore availability of drugs through pill count

#### **Defaulters**

- Conduct enhanced adherence counseling to uncover barriers to adherence.
- Escalate client based on facility escalation plan

#### **Return to Treatment**

- Avoid persecution/judgmental attitude but congratulate client for coming back.
- Inform the client that facility staff are available to provide further support
- Enroll client on LCM
- Conduct enhanced adherence counseling to uncover barriers to adherence.
- If barriers above your scope refer according to facility escalation plan
- Emphasis is on making sure that barriers that made clients to disengage in treatment are resolved
- Explore challenges that might hinder treatment
- Escalate client accordingly

### **HVL Clients**

- Ensure the client understands benefits of early ART initiation, concept of VL, Adherence, Resistance
- Discuss adherence and its importance
- Inform clients of next steps
- The main aim of this type of counselling is to identify and resolve adherence issues that made client to have HVL
- Develop goals to be evaluated on next sessions
- Benefits of being enrolled into FLCM

### Client Escalation Process

# **Expert client**

## **Newly diagnosed**

Motivates clients to starts early using practical life experiences as examples

#### Clients already on ART

EC identify clients struggling motivational with adherence and barrier counseling at refill, pill count, missed Refer to EC as client appointment /defaulter, IIT role model to provide and HVL level. Provide context. counseling based on stage and escalate client.

# **Nurses and Doctors**

- Confirm barrier identified by EC or counselor.
- Explore other barriers missed
- further motivational Provide counselling.
- Identify category of barrier and escalate client based on criterion
- Social barriers escalate to social worker
- Cognitive, Behavioral & emotions escalate to psychologist
- Community follow up and care escalate to APS Associate/ CEC

## **APS Associates & CEC**

- Conduct home visit to clients not coming to facilities
- Identify barriers to ART and barriers to linkages
- Conduct motivational counseling and escalate client according to facility escalation plan
- Facilitate linkage to Treatment or back to care

## **Clinical Social workers**

- Conduct one on one session with clients
- If need be, conduct home visit, home assessments etc.
- Assess clients' needs. situations. strengths, and networks support to determine their goals.
- Help clients adjust to changes and challenges in their lives
- Provide motivational counseling
- Escalate client to psychologist or any other HCW for further care

# Psychologist/Advisors

- Participate in MDT-SUAC sessions and one on one sessions to identify cognitive, emotional behavioral barriers.
- Understand clients' needs Assess the attitude, behaviour, and abilitiess
- Diagnosing psychological, behavioural emotional. or disorders
- Work with nurses, social workers. EC to help client resolve issues identified

# **HTS Counselor**

- Identification of all positives delaying ART initiation, -provide