

Assessing client preferences for DART models in Uganda

Jessica Clinkscales Ejike, USAID

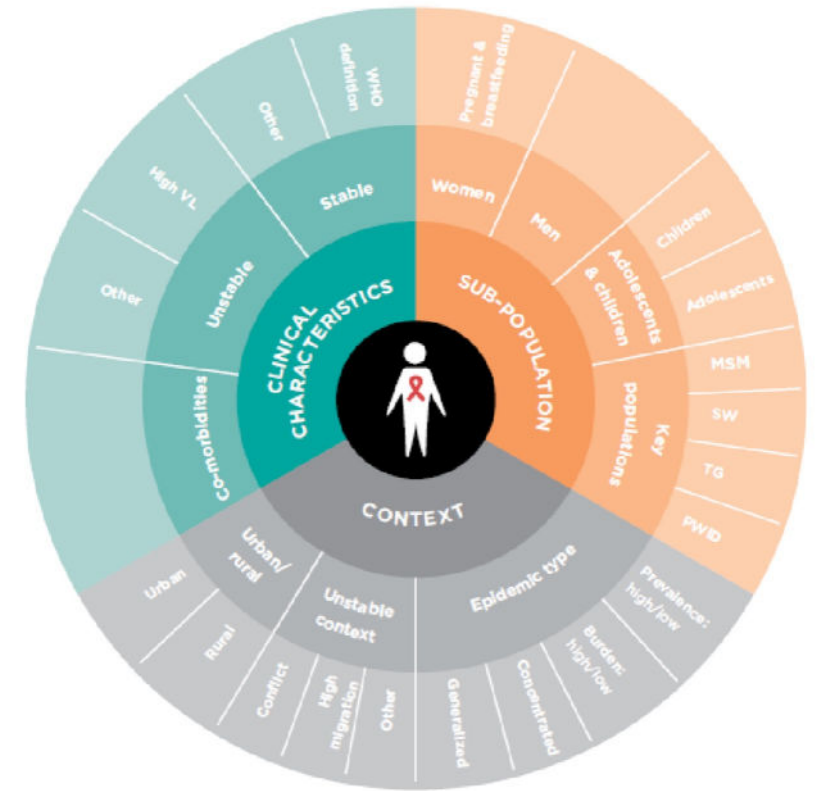
CQUIN Differentiated Service Delivery Across the HIV Cascade Workshop

August 15 – 19, 2022 | Kigali, Rwanda



Client Preference for ART Dispensation & Providing the Optimal Mix of DART Models

- Client expectations, needs, and preferences must be assessed in order to provide the right care
 - Client needs evolve, critical to reassess client satisfaction at each visit and adjust accordingly
- To ensure client preference is taken into consideration, the DSD cluster at the Office of HIV/AIDS at USAID piloted a client preference tool in Uganda



Source: <https://differentiatedservicedelivery.org/>

Differentiated ART Models Implemented in Uganda



Facility level:

- Facility-based individual management (FBIM)
- Fast-track clinics
- Facility-based group (FBG)



Community level:

- Community client-led ART delivery (CCLADs)
- Community drug distribution points (CDDPs)
- Community pharmacy

The Uganda Ministry of Health recommends facility- and community-based DART models to support person-centered care for eligible clients on ART

DSD client preference tool

- **Purpose:**
 - To understand client preferences for ART dispensation. The tool specifically looks at a client's clinical history and how it is associated with the types of DSD models they choose.
- **Content:**
 - Demographics (gender, age)
 - Clinical history (date of HIV diagnosis, duration of ART, availability and results of VL, history of missed appointments, current DART model)
 - Preferences for MMD dispensing interval and DART model
 - Are these the same as current model or different?
 - Is the client attached to a community health worker?

Steps Taken to Pilot Client Preference Tool

01

Selected facilities where client preference tool will be piloted

02

Trained skilled health care providers to interview clients and caretakers of clients under 18

03

Interviewed 6,324 clients at 113 health centers, general and regional referral hospitals

04

Viral load test, viral load suppression, and missed appointment date were extracted from clients' medical files

05

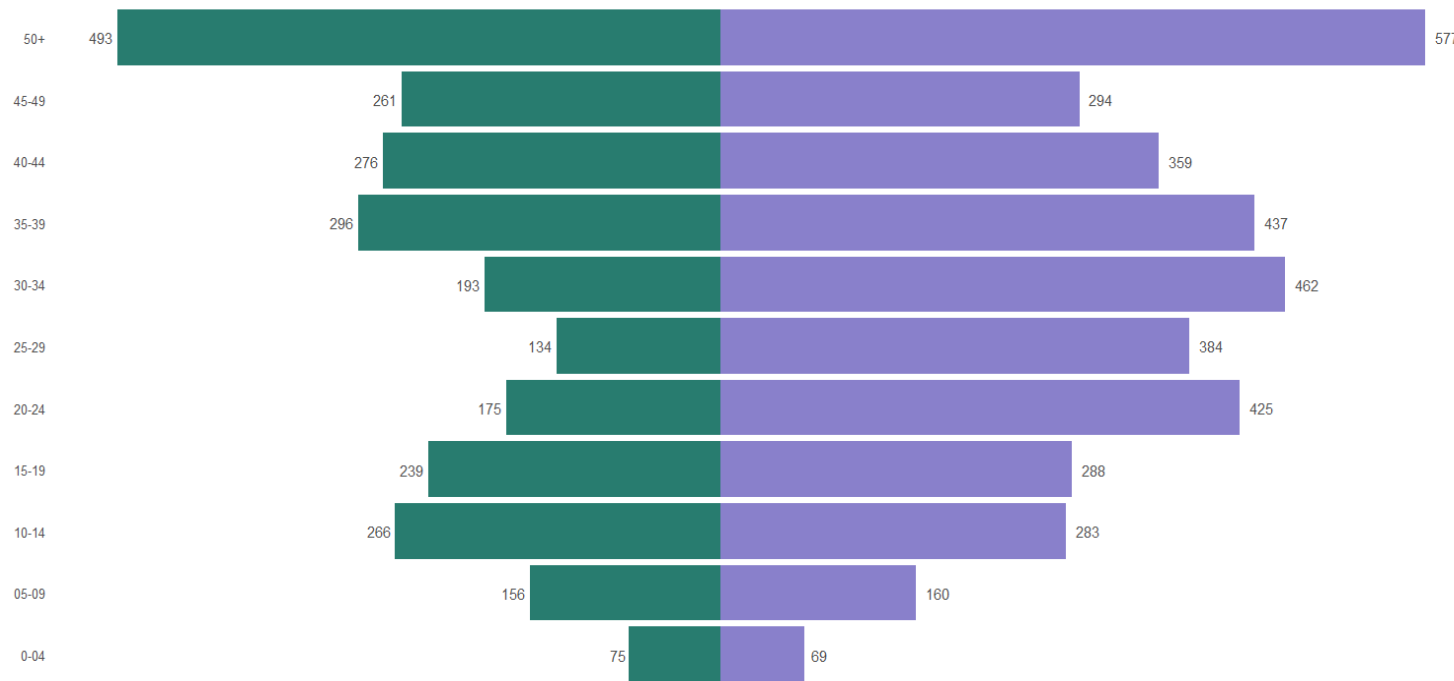
Data were cleaned and analyzed to derive insights on preferences for DART models and treatment outcomes for clients in and not in their preferred DSD models

Comparing Age/Sex Distribution of Pilot Participants and TX_CURR

Pilot participants

The participant cohort (n = 6,376) comprises of more women than men and mostly patients over the age of 50

Uganda COP22 Client Preference Analysis | USAID

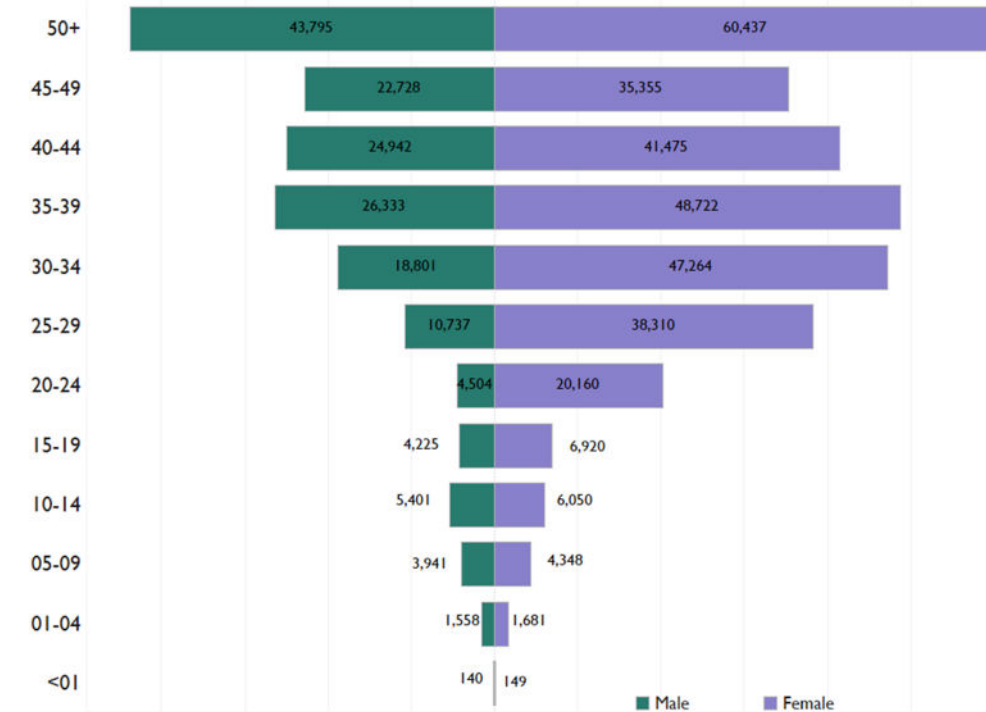


Source: DSD Patient Reference Export, 16 Feb 2022

Uganda TX_CURR

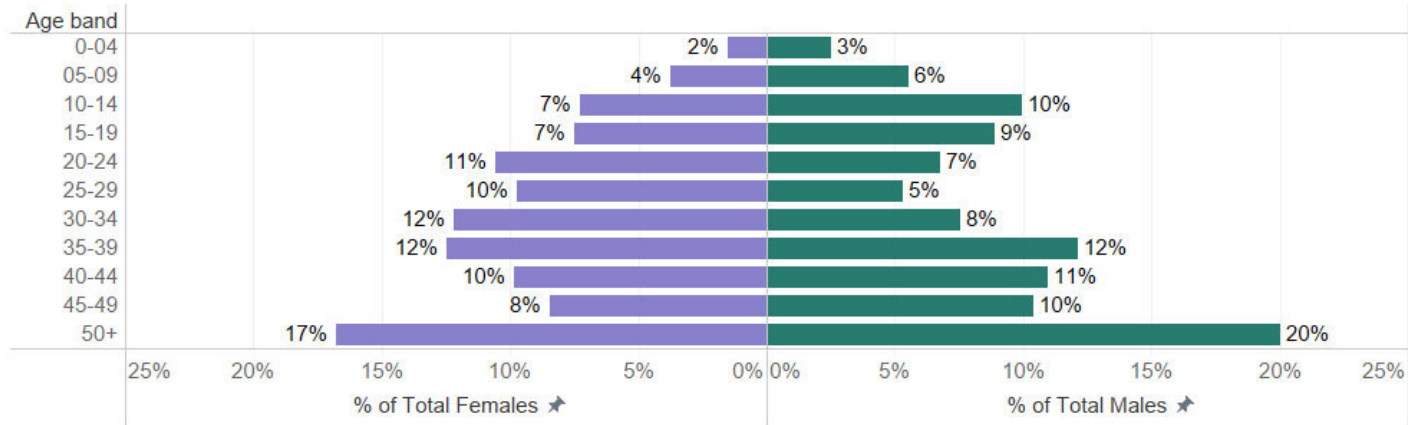
USAID Uganda TX_CURR Age and Sex Distribution.

Partners reported more women than men which aligns with the patient preference survey. MSD FY22Q1

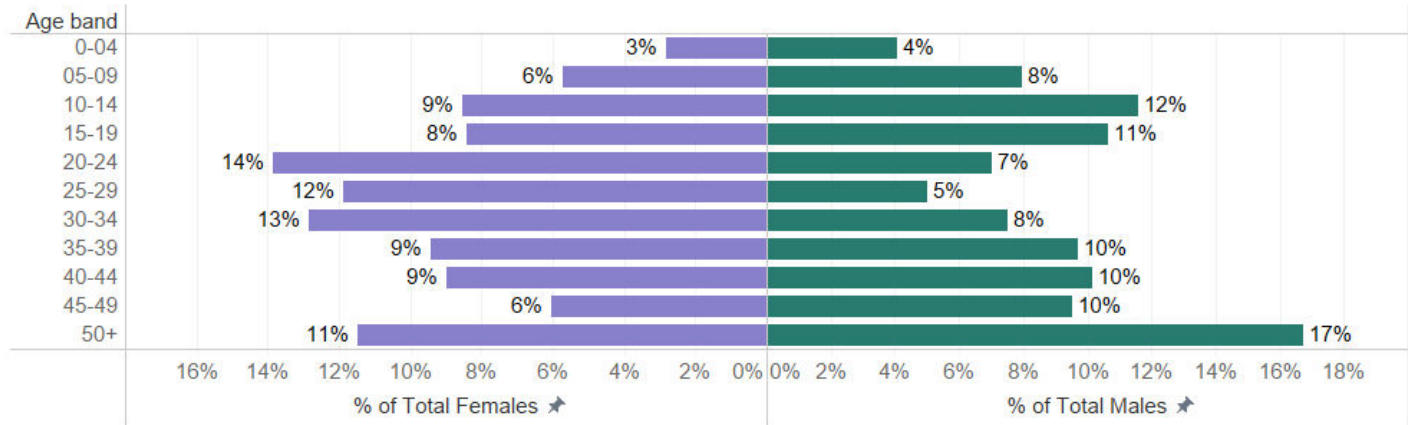


Share of Participants Currently in Preferred DART Model

What is the age and sex distribution of the 75% participants currently in their preferred model of ARV dispensing?



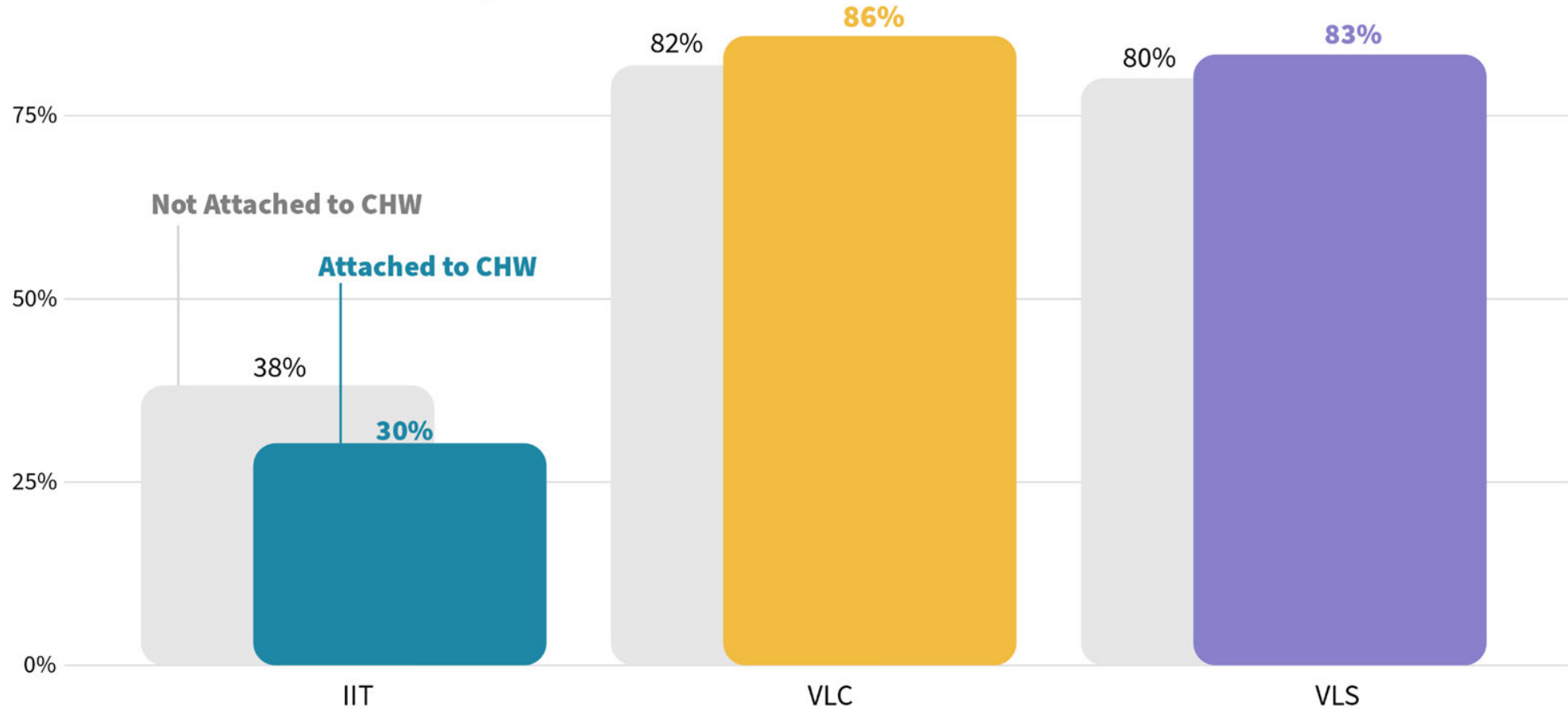
What is the age and sex distribution of the 25% participants not currently in their preferred model of ARV dispensing?



Community Health Workers and Outcomes (All Ages)

Attachment to a community health worker is associated with **fewer missed appointments**, **more participants with updated viral loads**, and **more participants achieving viral suppression**

Uganda COP22 Client Preference Analysis | USAID

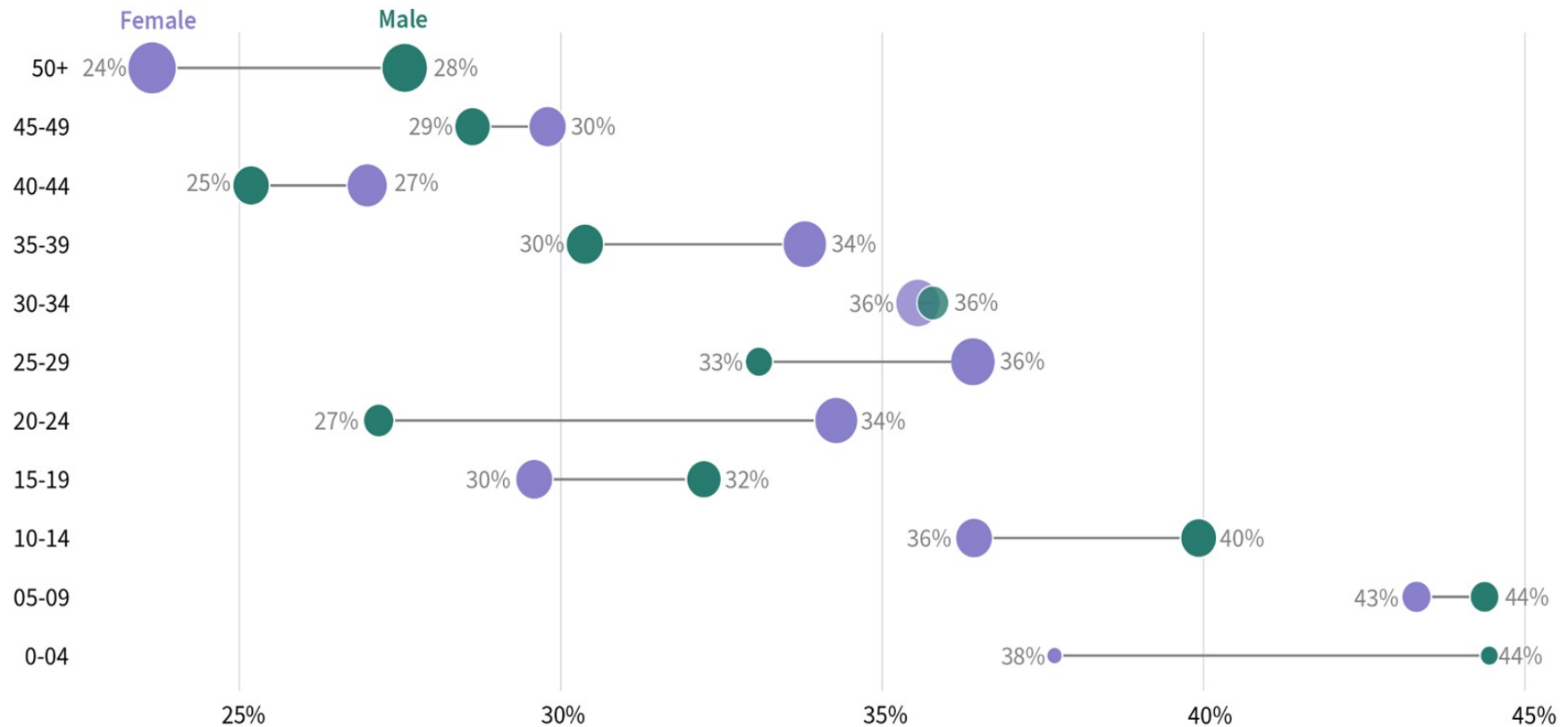


Source: DSD Patient Reference Export, 16 Feb 2022

Proportion of Clients with Missed Appointments in the last 12 months by age/sex, (n=1990)

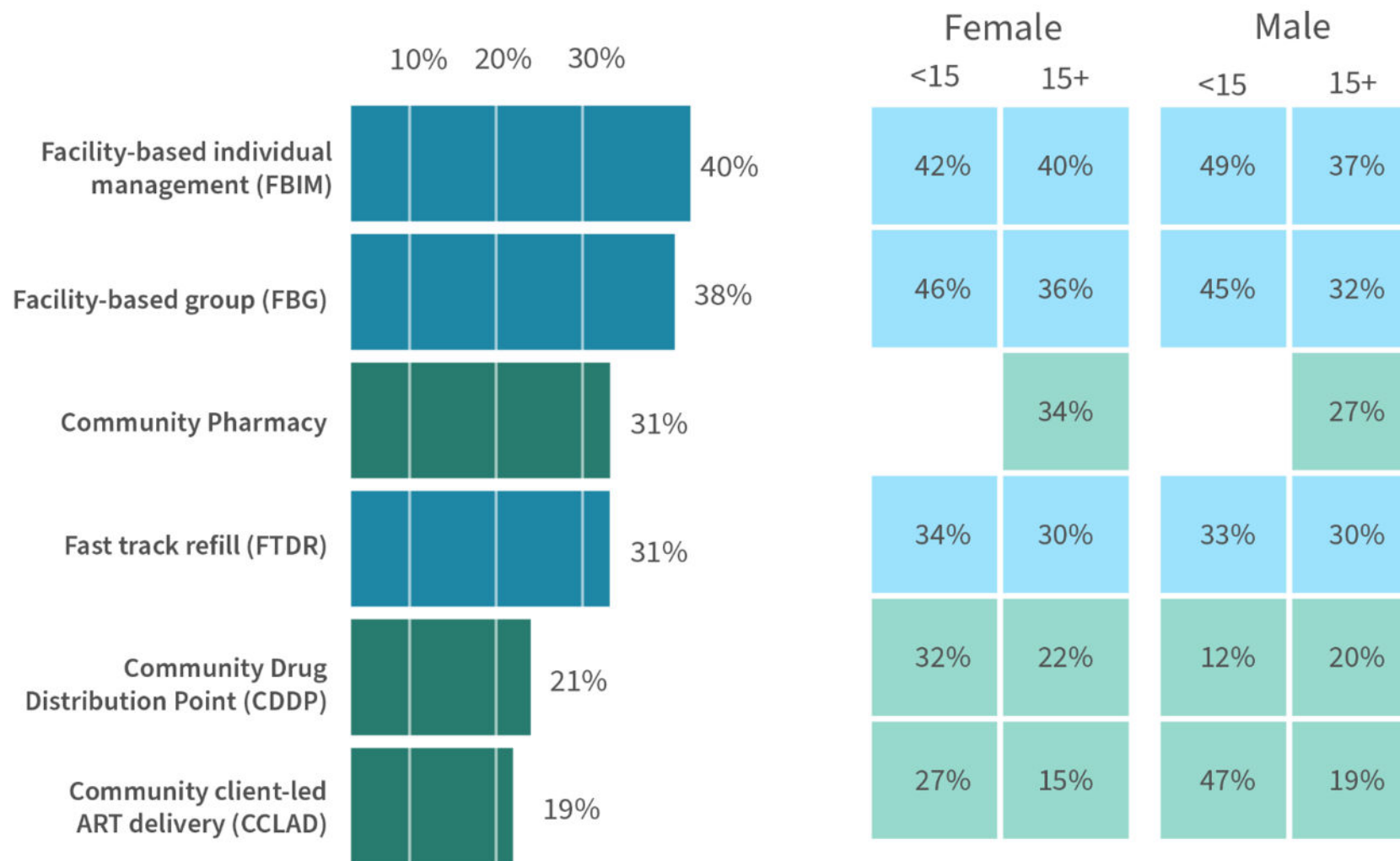
Uganda COP22 Client Preference Analysis | USAID

Total Participants  500
100



Estimated IIT Proxy = Missed appointment in the last 12 months
Source: DSD Patient Reference Export, 16 Feb 2022

Proportion of Clients with Missed Appointments by Current ARV Dispensing Method



Source: DSD Patient Reference Export, 16 Feb 2022

VL testing, VL suppression, and retention varied significantly with client DART model preference

Up to-date VL was most recorded among clients whose current DART model was their preferred choice (89%)

| Has updated VL | Current method of getting ARVs is client preferred choice | | Total |
|----------------|-----------------------------------------------------------|-----------------|-----------------|
| | Yes | No | |
| Yes | 3388 (88.7%) | 1044 (77.2%) | 4432 (85.7%) |
| No | 431 (11.3%) | 309 (22.8%) | 740 (14.3%) |

Suppression was higher among clients whose current DART model was their preferred choice (87%)

| Suppressed | Current method of getting ARVs is client preferred choice | | Total |
|------------|-----------------------------------------------------------|----------------|-----------------|
| | Yes | No | |
| Yes | 3277 (87.3%) | 904 (68.6%) | 4181 (82.4%) |
| No | 475 (12.7%) | 412 (31.3%) | 887 (17.5%) |

Appointment keeping was higher among clients whose current DART model was their preferred choice (71%)

| Missed appointment | Current method of getting ARVs is client preferred choice | | Total |
|--------------------|-----------------------------------------------------------|----------------|---------------|
| | Yes | No | |
| Yes | 1115 (29.4%) | 534 (39.3%) | 1649 (32%) |
| No | 2680 (70.6%) | 825 (60.7%) | 3505 (68%) |

How are results from the client preference tool being used?

Improvement interventions are focused on ensuring that clients are enrolled in their preferred DART models and that clients are attached to community health care workers for treatment support, if desired.

Lessons Learned – Survey Implementation

1

Not all facilities implement all DSD models. Some regions do not have a community pharmacy.

2

In some sites, it was necessary to boost samples for certain client categories to attain the desired samples

3

Reaching out to clients in community-based models was a challenge due to distance

Lessons Learned – Survey Results

- 25% of clients were not in their preferred DART model
- Clients in community-based models (CCDP and CCLAD) were least likely to have interruptions in treatment
- Up to date viral load testing, viral load suppression, and appointment keeping were highest among clients in their preferred DSD model vs. clients not in their preferred DSD model
- Clients with links to CHWs were less likely to have interruptions in treatment, and slightly more likely to have had a recent VL and VL suppression
- Younger clients were more likely to have interruptions in treatment than older clients

Limitations

- No demographic data on participants outside of current age and sex - skewed sample across age-bands
- Survey design and sampling method did not allow for statistical significance test to be conducted

If you have any questions, please feel free to reach out to me at: jclinkscales@usaid.gov

Thank you!

