

# Assessing client preferences for DART models in Uganda

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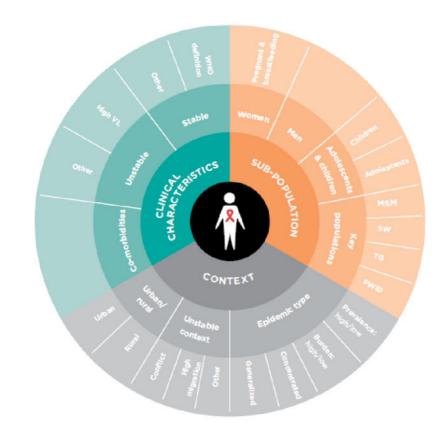
CQUIN Differentiated Service Delivery Across the HIV Cascade Workshop

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### Client Preference for ART Dispensation & Providing the Optimal Mix of DART Models

- Client expectations, needs, and preferences must be assessed in order to provide the right care
  - Client needs evolve, critical to reassess client satisfaction at each visit and adjust accordingly
- To ensure client preference is taken into consideration, the DSD cluster at the Office of HIV/AIDS at USAID piloted a client preference tool in Uganda



Source: https://differentiatedservicedelivery.org/



## Differentiated ART Models Implemented in Uganda



### Facility level:

- Facility-based individual management (FBIM)
- Fast-track clinics
- Facility-based group (FBG)



#### **Community level:**

- Community client-led ART delivery (CCLADs)
- Community drug distribution points (CDDPs)
- Community pharmacy

The Uganda Ministry of
Health recommends facilityand community-based DART
models to support personcentered care for eligible
clients on ART



### **DSD** client preference tool

#### Purpose:

 To understand client preferences for ART dispensation. The tool specifically looks at a client's clinical history and how it is associated with the types of DSD models they choose.

#### Content:

- Demographics (gender, age)
- Clinical history (date of HIV diagnosis, duration of ART, availability and results of VL, history
  of missed appointments, current DART model)
- Preferences for MMD dispensing interval and DART model
  - Are these the same as current model or different?
- Is the client attached to a community health worker?



## **DSD Client Preference Tool**

DSD Client Preference To This tool is designed to understand the client preferences for the models												
IDENTIFICAT												
DISTRICT:												
HEALTH FACILITY  LEVEL												
Instructions: 1) PART 1 & 2 to be filled by health worker. 2) PART 3 to be asked from a client. 3) Enter the response code in the boxes for each client in the column. 4) Each client should be interviewed once. 5) Observe instructions regarding skip patterns for specific questions in the tool												
SECTION 1: BACKGROUND INFORMATION (To be filled by the health worker)	1	2	3.	4 5 6 7 8 9 10 11 12 13 14 15								
1. Client ID												
2. Current Age of Client (Write age in complete years e.g., 21)				3=3-5 months, 4=6+ months)								
3. Gender (1=Male, 2=Female)				12. What is the current method through which you get ARVs?  1 2 3 4 5 6 7 8 9 10 11 12 13	14 15							
4. Year of HIV diagnosis (Year when Client was diagnosed with HIV, e.g., 2010)				1 = Facility-based individual management (FBIM) 2 = Facility-based group (FBG)								
<ol> <li>Duration of Treatment (1=Less than 3 months, 2=Between 3 and 6 months, 3=Between 6 months and a year, 4=More than one year</li> </ol>				3 = Fast track refill (FTDR) 4 = Community client-led ART delivery (CCLAD) 5 = Community drug distribution point (CDDP)								
Section 2: CLINICAL OUTCOME & RETENTION (To be filled by the health worker)	1	2	3	6= Community pharmacy 7= Other (specify)								
6. Does the client have an updated viral load? (1=Yes, 2=No)				13. There are other methods available through which you can get ARVs such as (DESCRIBE)  OTHER METHODS IN ON 12, EXCLUDING THE ONE MENTIONED BY CLIENT)								
7. Is the client currently virally suppressed (I=Yes, 2=No)				Is the current method through which you get HIV services your preferred choice? (I=Yes, 2=No)								
<ol> <li>Has the client missed any appointments in the last 12 months? (1=Yes, 2=No)</li> </ol>				14. ONLY ASK IF RESPONSE IN QN 13 IS NO								
Section 3: SERVICE DELIVERY ASSESSMENT (Ask the client)	1	2	3	What is your preferred method through which you can receive ARVs?  1 = Facility-based individual management (FBIM)								
<ol> <li>Person to whom the tool is administered (1=Client, 2=Caretaker)</li> </ol>				2= Facility-based group (FBG) 3= Fast track refill (FTDR)								
<ol> <li>How many months of ART were you dispensed at your last contact or visit?</li> <li>(1=Less than one month of ART, 2=1-2 months, 3=3-5 months, 4=6+ months</li> </ol>				4= Community client-led ART delivery ( CCLAD) 5= Community drug distribution point (CDDP) 6= Community pharmacy								
<ol> <li>What is your preferred number of months of ART that should be dispensed at a time?</li> <li>1=Less than one month of ART,</li> <li>2=1-2 months</li> </ol>				7= Other (specify)  15. Are you attached to a community health worker? (1=Yes, 2=No)  IF 'YES', THANK CLIENT AND END THE DISCUSSION. IF NO, GO TO ON 16								
2=1-2 montrs,				ONLY ASK IF RESPONSE TO QN 15 IS 'NO'  16. Would you like to be attached to the Community Health Worker for monthly follow-up support? (1=Yes, 2=No, 3=Not sure/not yet decided)								
				ONLY ASK IF RESPONSE TO QN 16 IS 'YES'  17. How would you want to be contacted in case you need follow-up support?  I = Phone call, 7=Email 2 = Short message service (SMS), 8=Not interested in being followed up 3 = Home visit, 4 = Virtual follow-up 5 = WhatsApp groups								

### **Steps Taken to Pilot Client Preference Tool**

01

Selected facilities where client preference tool will be piloted 02

Trained skilled health care providers to interview clients and caretakers of clients under 18

03

Interviewed
6,324 clients
at 113 health
centers,
general and
regional
referral
hospitals

04

Viral load test, viral load suppression, and missed appointment date were extracted from clients' medical files 05

Data were cleaned and analyzed to derive insights on preferences for DART models and treatment outcomes for clients in and not in their preferred DSD models



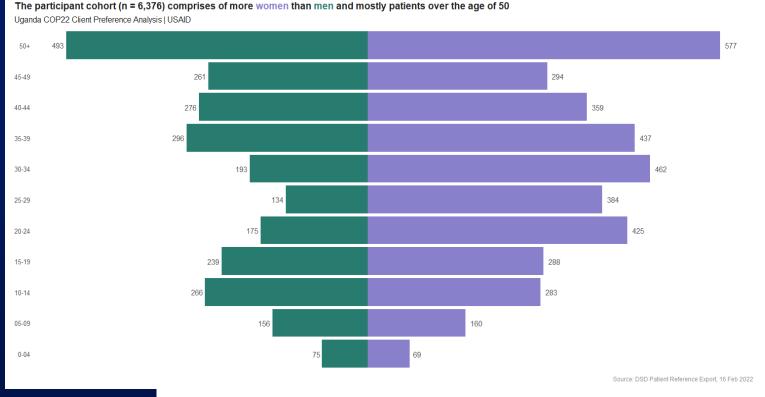
## Comparing Age/Sex Distribution of Pilot Participants and TX\_CURR

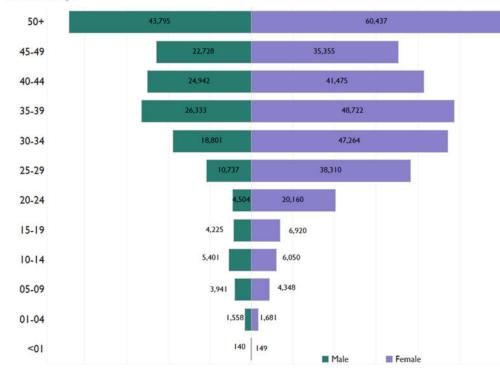
#### **Pilot participants**

#### Uganda TX\_CURR

#### USAID Uganda TX\_CURR Age and Sex Distribution.

Partners reported more women than men which aligns with the patient preference survey. MSD FY22Q1

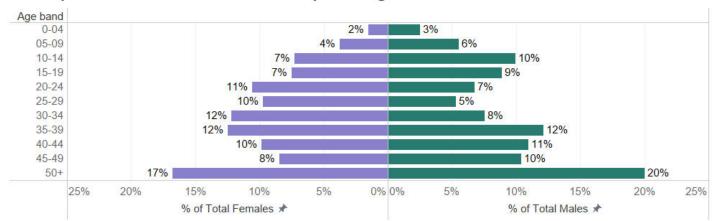




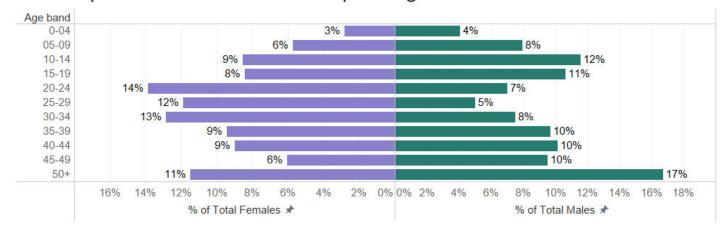


## **Share of Participants Currently in Preferred DART Model**

What is the age and sex distribution of the 75% participants currently in their prefered model of ARV dispensing?



What is the age and sex distribution of the 25% participants not currently in their prefered model of ARV dispensing?

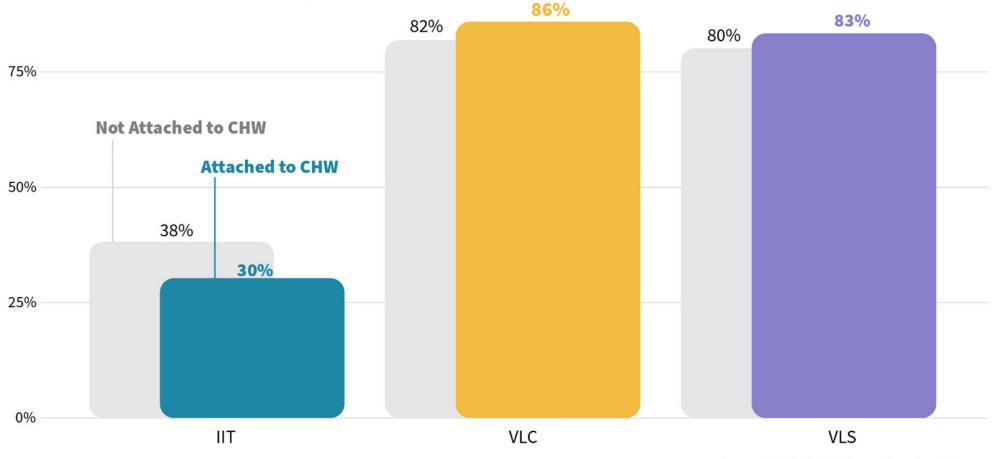




## **Community Health Workers and Outcomes (All Ages)**

Attachment to a community health worker is associated with fewer missed appointments, more participants with updated viral loads, and more participants achieving viral suppression

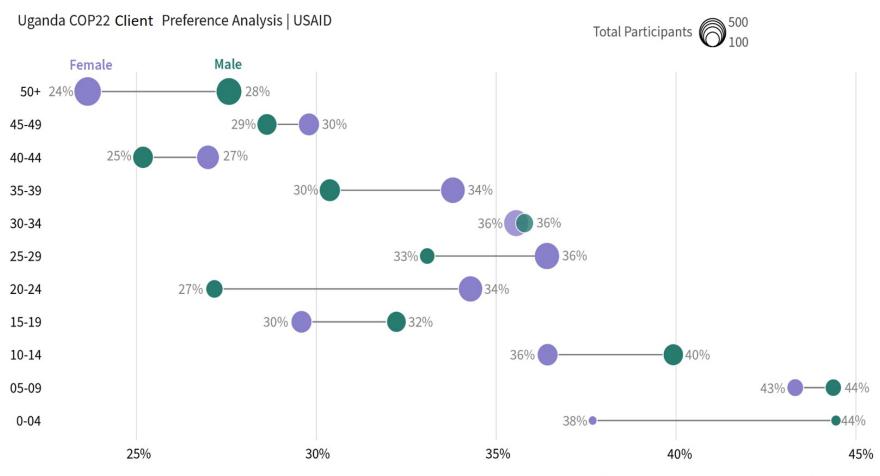
Uganda COP22 Client Preference Analysis | USAID







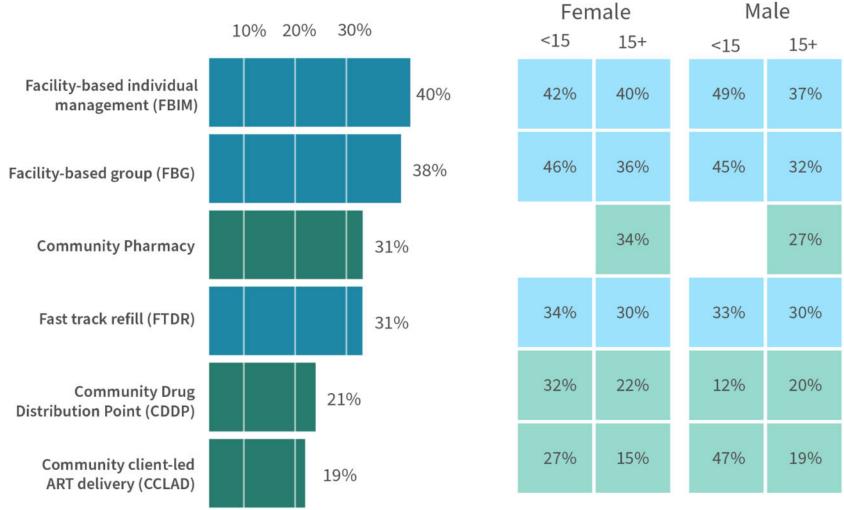
## Proportion of Clients with Missed Appointments in the last 12 months by age/sex, (n=1990)







## **Proportion of Clients with Missed Appointments by Current ARV Dispensing Method**







## VL testing, VL suppression, and retention varied significantly with client DART model preference

Up to-date VL was most recorded among clients whose current DART model was their preferred choice (89%)

Has updated VL	Current meth ARVs is clie cho		
	Yes	No	Total
Yes	3388	1044	4432
	(88.7%)	(77.2%)	(85.7%)
No	431	309	740
	(11.3%)	(22.8%)	(14.3%)

Suppression was higher among clients whose current DART model was their preferred choice (87%)

Suppressed	Current met ARVs is clie		
	Yes	No	Total
Yes	3277	904	4181
	(87.3%)	(68.6%)	(82.4%)
No	475	412	887
	(12.7%)	(31.3%)	(17.5%)

Appointment keeping was higher among clients whose current DART model was their preferred choice (71%)

Missed appointment	Current me ARVs is c		
	Yes	No	Total
Yes	1115	534	1649
	(29.4%)	(39.3%)	(32%)
No	2680	825	3505
	(70.6%)	(60.7%)	(68%)

## How are results from the client preference tool being used?

Improvement interventions are focused on ensuring that clients are enrolled in their preferred DART models and that clients are attached to community health care workers for treatment support, if desired.



## **Lessons Learned – Survey Implementation**

Not all facilities implement all DSD models. Some regions do not have a community pharmacy.

In some sites, it was necessary to boost samples for certain client categories to attain the desired samples

Reaching out to clients in community-based models was a challenge due to distance



## **Lessons Learned – Survey Results**

- 25% of clients were not in their preferred DART model
- Clients in community-based models (CCDP and CCLAD) were least likely to have interruptions in treatment
- Up to date viral load testing, viral load suppression, and appointment keeping were highest among clients in their preferred DSD model vs. clients not in their preferred DSD model
- Clients with links to CHWs were less likely to have interruptions in treatment, and slightly more likely to have had a recent VL and VL suppression
- Younger clients were more likely to have interruptions in treatment than older clients



#### Limitations

- No demographic data on participants outside of current age and sex - skewed sample across age-bands
- Survey design and sampling method did not allow for statistical significance test to be conducted



# If you have any questions, please feel free to reach out to me at: <a href="mailto:jclinkscales@usaid.gov">jclinkscales@usaid.gov</a>



## Thank you!

