

Minimum DMOC Package – Key Models to Support the Recipient of Care’s Journey Along the Care Cascade

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BACKGROUND

A differentiated approach to care aims to strengthen linkage to care, adherence to treatment, and retention in care using a patient-centered approach throughout the treatment cascade

Globally known as Differentiated Service Delivery (DSD), South Africa contextualized it to Differentiated Models of Care (DMOC).

With the largest HIV, TB, and NCD burden in healthcare facilities in South Africa, adherence to treatment remains a challenge and poses a strain on healthcare services, resulting in facility congestion.

Over 7.9 million people are living with HIV (PLHIV) in South Africa, with 5,7 million people on ART and only 4 million virally suppressed

Thus, the country at 94-76-92 of the UNAIDS 95-95-95 targets the total population.

DMOC is therefore essential in supporting the Recipient of Care (ROC) journey along the care cascade.

The DMOC Care Package To Support Linkage To Care, Adherence To Treatment and Retention In Care

DMOC Care Package – Interventions	SOPs	Summary
<ul style="list-style-type: none"> <input type="checkbox"/> Standardised education sessions and counselling approach for <ul style="list-style-type: none"> i) treatment initiation, ii) patients struggling with adherence (while in care or when re-engaging in care) and iii) supporting child and adolescent disclosure. <input type="checkbox"/> (More Intensive / Standard Care Models) 	<ul style="list-style-type: none"> SOP 1 - Fast Track Initiation Counselling (FTIC) SOP 2 - Enhanced adherence counselling (EAC) SOP3 - Child and adolescent disclosure counselling 	<ul style="list-style-type: none"> <input type="checkbox"/> Includes adaptation for rapid initiation and post initiation <input type="checkbox"/> Counselling aligned with treatment supply return date for patients struggling with adherence <input type="checkbox"/> Change in age bands: <ul style="list-style-type: none"> o Non-disclosure (<5 years) o Partial disclosure (5-9 years) o Full disclosure (>10 years)
<ul style="list-style-type: none"> <input type="checkbox"/> Longer treatment supply to reduce patient burden and support continued engagement in care (More Intensive / Standard Care Models) 	<ul style="list-style-type: none"> SOP 4 - Multi-Month Dispensing (MMD) 	<ul style="list-style-type: none"> <input type="checkbox"/> Guides multi-month dispensing (MMD) by the facility, including 6MMD once operational capacity and stock availability is confirmed (New SOP)
<ul style="list-style-type: none"> <input type="checkbox"/> Differentiated models of care for stable patients on chronic treatment <input type="checkbox"/> (Less Intensive Models) 	<ul style="list-style-type: none"> SOP 5 - Repeat Prescription Collection strategies (RPCs) – DMOC for stable clients <ul style="list-style-type: none"> SOP 5.1 - Facility pick-up point SOP 5.2 - Adherence Club SOP 5.3 - External pick-up point SOP 6 – Drug Switch (Switching to newly endorsed drugs for stable patients utilizing a RPCs) 	<ul style="list-style-type: none"> <input type="checkbox"/> Health facility-based individual RPCs <input type="checkbox"/> Health facility or community-based group RPCs <input type="checkbox"/> Out-of-facility individual RPCs ✓ Treatment is pre-dispensed by the Central Chronic Medicine Dispensing and Distribution program (CCMDD) or a Central Dispensing Unit (CDU) or the facility pharmacy.
<ul style="list-style-type: none"> <input type="checkbox"/> Patient tracing and re-engagement 	<ul style="list-style-type: none"> SOP 7 - Tracing and Recall SOP 8 - Re-engagement in care 	<ul style="list-style-type: none"> <input type="checkbox"/> Tracing and recall missed appointments in order of priority <input type="checkbox"/> Re-engagement in care involves assessing clinical condition and time since missed scheduled appointment and differentiating follow-up management including accelerated access to MMD and RPCs

LESSONS LEARNT

- The minimum DMOC package of interventions, ensures that ROC are supported in their treatment journey.
- DMOC is not just about the decanting models, but a comprehensive approach to support ROC with adherence.
- Notably, when ROC are established on chronic treatment, they are then decanted to the RPCs.
- The differentiated approach that enables decanting is essential to optimize reduced facility visits, medicine access, and decongesting of health facilities.

NEXT STEPS

- Capacitating the clinicians who are the key implementers of the minimum DMOC Package has commenced.
- Conducting the DMOC Performance Reviews (DPRs) across the provinces to establish the implementation of DMOC.

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