

Health and Safety Briefing

Lufuno Malala

Programme Manager Differentiated Models of Care (DMOC)

National Department of Health



Stay Up to Date – Department of Health Help-line 24/7

- The National Department of Health South Africa Provides Health information including counselling accessible 24/7 through the Life-line – **AIDS Helpline: +27800012322**
- Also available is the National Department of Health South Africa WhatsApp Support Line (**+27 60 012 3456**). Registered as SA Covid-19 Alert with:
 - Correct, up to date health information from Department of Health
 - Latest News
 - Latest Updates for any Health Topic
- Privacy Policy, updated in April 2023, can be accessed through the support line.

MAIN MENU

Here you can get correct, up-to-date information from the National Department of Health.

Reply with a number to get more info on any of these topics:

★ Stay informed

- 1 - Latest news and updates
- 2 - Sign up for alerts
- 3 - Help and info

🦠 Health conditions

- 4 - COVID info and advice
- 5 - COVID vaccines
- 6 - Measles
- 7 - TB health check
- 8 - TB info and advice

⚙️ Settings

- 9 - Privacy policy (updated 20 Apr 2023)
- 10 - Your profile

📌 Reply **0** at any time to return to this menu.

MPOX MYTH VS FACT

MYTH
MYTH:
You can get mpox by being in the same room with an infected person.

FACT

FACT:
The virus is contracted through direct physical contact or contact with clothing / bedding used by someone who has tested positive for mpox. Anyone can contract mpox.

Consult your healthcare provider if you see any new rashes or sores or feel unwell.

Mpox is preventable and treatable



ALERT FROM THE DEPARTMENT OF HEALTH

🦠 Mpox

If diagnosed with Mpox: Stay home, avoid gatherings, follow your treatment plan, and keep your hands clean.

🏆 Take care of yourself

Keep in regular contact with friends, family, and others you trust. Make time for yourself daily and focus on activities that make you feel good.

Healthy Living – Exercise such as Jogging

- The North Beach – provides a Beach front pathway of about 8km – is a walking distance from the Hotel (Maharani/Elangeni)
- **Be safe!!**
- If you are not well contact **Dr. Musa Manganye**
 - **Mobile & WhatsApp @ +27 81 514 8073**
 - musa.manganye@health.gov.za
- Alternatively consult the **North Beach Medical Centre** (3 minutes from the Hotel)
 - 37 Sol Harris Cres, Durban, South Africa @ +2731 332 6060
- **In case of Emergency:** Ambulance: Emergency (ER 24): +2784 124



Safety and Security

SAFETY TIPS



**BE CAREFUL
BE AWARE
BE SAFE**

- The area we are staying is mostly safe, however we encourage you to be cautious walking on the beach at night.
- Should you wish to go to the street full of Durban Delights (Known as Florida road) please take an Uber

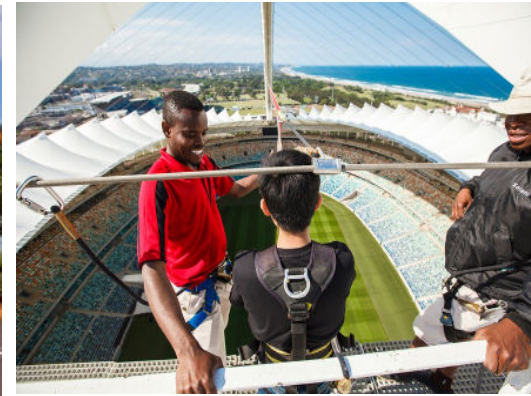
Tourist Attraction in Durban



UShaka Marine World



Rishka Bus City Tour



Big Rush Swing in Moses Mabida Stadium



Florida road- The street full of Durban Delights



Victoria Street Market



Rickshaw Ride



Golden Mile

Whilst there are many things to do in Durban, please make sure you don't go during the CQUIN dHTS meeting session....

Thank You!

