



SUSTAINING HIV SERVICES IN TANZANIA “POLICY, SYSTEMS AND SERVICE DELIVERY ADJUSTMENTS POST-EXTERNAL FUNDING SHIFT”

Authors: S.Lwezaula¹, E. Kimario¹, Boniface Silvan¹, V. Sambu¹, L. Daimon², P. Faustine¹, E. Massawe¹, S. L Nhiga², A. Nyoni³

1=NASHCoP, 2=MOH, 3=NACOPHA



BACKGROUND

Tanzania is one of the highest HIV burdened countries with approximately 1.5M people on ART out of 1.7M people living with HIV. Tanzania has made a progress toward the 95-95-95 targets by achieving **83-98-94** (THIS 2022/2023). Community services and outreach to key populations were impacted nationwide following donor funding cuts which threatened to reverse the gains made in the HIV epidemic control. An estimated number of 49,000 health workers were laid off; human resource for HMIS delayed routine data reporting; community services were interrupted especially on human resource, affected HIV preventions interventions, testing services and HIV viral load (VL) sample transportation.

In response, Tanzania developed a national multi-stakeholder coordinating mechanism to maintain service delivery with revision of essential HIV services and prioritization of services. In the current grant cycle, HIV program has \$38M (11.7% reduction) after the Global Fund GC7 reprioritization process, while the United States Government (USG) bilateral agreement discussions are underway.

ADAPTIVE APPROACHES TO RESOURCE CONSTRAINTS

- Financial strategies:** The Government of Tanzania (GOT) has disbursed \$38.9M for ARV procurement during FY 2024/2025 while commitment for HIV related health products is \$18.5M for 2025/2026.
- HRH (Human Resources for Health):** Initiatives on absorbing the laid off human resource is ongoing by the GOT.
- Technical Capacity:** Customization of the training packages, on job trainings and usage of virtual platforms for technical support.
- Community Engagement:** Continuation of fully engagement of communities at all levels.
- HMIS:** Roll out of the Care and Treatment Centre (CTC) web-based data base countrywide.

NATIONAL PRIORITIZED PREVENTION, TESTING, AND TREATMENT SERVICES

PREVENTION SERVICES			TESTING SERVICES			TESTING SERVICES			TREATMENT SERVICES			TREATMENT SERVICES																																																																																											
Component	Intervention	TZ	Component	Intervention	TZ	Component	Intervention	TZ	Component	Intervention	TZ	Component	Intervention	TZ																																																																																									
Infant prophylaxis	Infant PEP HR 0-6w	Green	Blood products	Blood product screening	Green	Community-based (virtual and in-person)	CB HIVST points >15	Green	ART continuity	Uninterrupted ART for all	Green	OI management	TB Xpert for symptomatic	Green																																																																																									
	Infant PEP HR 6-12w	Green		ANC first test	Green		CB HIVST points 95-gap	Green		MMD 3-6 months	Green		TB treatment	Green																																																																																									
	Infant PEP LR	Green		ANC late retest	Green		CB HIVST points KP	Green		Annual clinical review	Green		TPT per regimen	Green																																																																																									
PEP	Facility PEP (guidelines)	Green	Facility-based	Symptomatic testing (entry)	Green		Recency testing	HIVST digital outreach		Green	Continuity OI prophylaxis		Enroll less-intensive DSD	Green	AHD package	CRAG for symptomatic	Green																																																																																						
	Community PEP (GBV/KP)	Green		Postnatal PBFW 6-monthly	Green			KP high-volume outreach		Green			Maintain facility DSD-indiv	Green		Cryptococcal treatment	Green																																																																																						
	Facility condoms/lube	Green		HEI 6w/6-9-18m EPI	Green			KP all outreach sites		Green			Maintain client-managed groups	Green		LAM S3/4 seriously ill	Green																																																																																						
Condoms	KP condom points	Green		Network-based (including facility/virtual and community-based)	HEI birth test			Green		Recency testing			AGYW targeted outreach	Green		ART initiation (and re-initiation)	Active transfer same-day 3MMD	Green	Integration	CD4 S3/4 new or >90d	Green																																																																																		
	Community condom points	Green			TB clients (newly diagnosed)			Green					Viral load monitoring	Men targeted outreach			Green	Continuity OI prophylaxis		Maintain adolescent groups (HCW)	Green	Tracking and tracing	CD4 S1/2 new or >90d	Green																																																																															
	Facility PrEP KP 3MMD/6m	Green			TB clients (presumptive TB)			Green						Viral load monitoring			Men workplace testing			Green	ART initiation (and re-initiation)		Maintain community DSD-indiv	Green	Psychosocial support/Counselling	LAM S1/2 CD4<200	Green																																																																												
PrEP continuation	Facility PrEP PBFW 3MMD/6m	Green			Network-based (including facility/virtual and community-based)			STI clients (new STI)									Green			Viral load monitoring			Children targeted outreach	Green		ART initiation (and re-initiation)	Active transfer same-day 3MMD	Green	Tracking and tracing	CRAG S1/2 CD4<200	Green																																																																								
	Facility PrEP others 3MMD/6m	Green				Network-based (including facility/virtual and community-based)		Hep B/C (new)	Green			Viral load monitoring					Prisoners: On entry/discharge						Green	ART initiation (and re-initiation)			CTX adults S3/4/CD4<350	Green		Tracking and tracing	Fluconazole pre-emptive	Green																																																																							
	Annual PrEP review	Green						Network-based (including facility/virtual and community-based)	Inpatient (new admission)								Green						Viral load monitoring				Prisoners entry/annual	Green			ART initiation (and re-initiation)	CTX adults high-risk	Green	Tracking and tracing	PAP smear never-screened	Green																																																																			
PrEP review 6-monthly	Green	Network-based (including facility/virtual and community-based)							Out-patient (new admission)								Green										Viral load monitoring	ABYM targeted outreach				Green	ART initiation (and re-initiation)		Fluconazole secondary proph	Green	Tracking and tracing	HPV screen never-screened	Green																																																																
Facility PrEP DSD-indiv	Green		Network-based (including facility/virtual and community-based)				Children in malnutrition clinics		Green		Viral load monitoring				Recency testing		Green											ART initiation (and re-initiation)				Initiate <5 years			Green	Tracking and tracing		Hypertension integration	Green																																																																
Out-facility PrEP DSD	Green						Network-based (including facility/virtual and community-based)		EPI child post-screen						Green		Viral load monitoring															Viral load monitoring			Viral load monitoring			ART initiation (and re-initiation)	Initiate PBFW	Green	Tracking and tracing	Diabetes integration	Green																																																												
Virtual PrEP refills	Green								Network-based (including facility/virtual and community-based)						FP initiation clients																								Green	Viral load monitoring		Viral load monitoring	Viral load monitoring	ART initiation (and re-initiation)	Initiate symptomatic/AHD	Green	Tracking and tracing	Family planning integration	Green																																																						
Adherence/risk counselling	Green			Network-based (including facility/virtual and community-based)						FP <25 init+annual					Green	Viral load monitoring			Viral load monitoring																				Viral load monitoring						ART initiation (and re-initiation)	Initiate all positives		Green	Tracking and tracing	VIAC annually WLHIV	Green																																																				
Continue DVR PrEP	Green									Network-based (including facility/virtual and community-based)			FP init+biennial+change		Green			Viral load monitoring				Viral load monitoring																								Viral load monitoring		ART initiation (and re-initiation)		Initiate stage3/4 or CD4 low	Green	Tracking and tracing	Confirm contacts each visit	Green																																																	
Continue LAI PrEP	Green												Network-based (including facility/virtual and community-based)	FP init+annual	Green						Viral load monitoring				Viral load monitoring																									Viral load monitoring	ART initiation (and re-initiation)		Initiate stage1/2 (CD4 high)	Green	Tracking and tracing	Phone trace abnormal labs	Green																																														
PrEP initiation (& re-initiation)	Start PrEP PBFW self-ID				Green									Network-based (including facility/virtual and community-based)	Self-initiated HIVST (annual)					Green						Viral load monitoring			Viral load monitoring																								Viral load monitoring	ART initiation (and re-initiation)		VL for suspected failure	Green	Tracking and tracing	Phone trace high-risk	Green																																											
	Start PrEP PBFW at-risk				Green	Network-based (including facility/virtual and community-based)						VCT/HIVST any frequency			Green					Viral load monitoring				Viral load monitoring						Viral load monitoring																										ART initiation (and re-initiation)	Repeat VL at 3m		Green	Tracking and tracing	Phone trace >28d missed	Green																																									
	Start PrEP KP				Green			Network-based (including facility/virtual and community-based)				PrEP users 1m+6m			Green								Viral load monitoring								Viral load monitoring			Viral load monitoring																							ART initiation (and re-initiation)		First VL by 6m		Green	Tracking and tracing	Home trace abnormal labs	Green																																							
Start PrEP AGYW self-ID	Green	Network-based (including facility/virtual and community-based)			PrEP users 1m+3m							Green			Viral load monitoring												Viral load monitoring						Viral load monitoring				ART initiation (and re-initiation)																						Pregnant: VL at ANC/3m		Green		Tracking and tracing	Home trace high-risk	Green																																						
Start PrEP others self-ID	Green		Network-based (including facility/virtual and community-based)		VMCM clients						Green	Viral load monitoring																Viral load monitoring								Viral load monitoring																							ART initiation (and re-initiation)		Pregnant: VL 34-36w			Green	Tracking and tracing	Home trace >28d missed	Green																																				
Harm reduction for people who inject drugs	Facility-first NSP+naloxone				Green		Network-based (including facility/virtual and community-based)				PN EPN +HIVST/FBT						Green															Viral load monitoring			Viral load monitoring			Viral load monitoring			ART initiation (and re-initiation)																				Breastfeeding: VL 3m+6mly			Green		Tracking and tracing	ART start literacy	Green																																			
	Community NSP+naloxone				Green				Network-based (including facility/virtual and community-based)		PN APN +FBT (virtual)						Green																							Viral load monitoring		Viral load monitoring	Viral load monitoring	ART initiation (and re-initiation)			LLV: repeat VL 3m														Green			Tracking and tracing			Adherence assessment visits	Green																																			
	Continue OAMT refills (PWID)			Green	Network-based (including facility/virtual and community-based)						PN APN +community test					Green	Viral load monitoring		Viral load monitoring																				Viral load monitoring						ART initiation (and re-initiation)		VL annually if suppressed		Green												Tracking and tracing						VL and DSD prep	Green																																			
VMMC	Facility-first NSP+naloxone			Green						Network-based (including facility/virtual and community-based)	Female index: child FBT/HIVST					Green		Viral load monitoring				Viral load monitoring																								Viral load monitoring	ART initiation (and re-initiation)	Resistance test per guidelines	Green			Tracking and tracing															EAC for high VL	Green																																			
	Community NSP+naloxone			Green							Network-based (including facility/virtual and community-based)		Female index: child CBT			Green					Viral load monitoring				Viral load monitoring																							Viral load monitoring	ART initiation (and re-initiation)	Viral load monitoring	Viral load monitoring				Tracking and tracing												Child disclosure support	Green																																			
	Continue OAMT refills (PWID)			Green									Network-based (including facility/virtual and community-based)	PN EPN +HIVST (VL>1000)		Green										Viral load monitoring			Viral load monitoring																								Viral load monitoring	ART initiation (and re-initiation)				Viral load monitoring									Viral load monitoring	Tracking and tracing	MH screening at start	Green																																	
VMMC	Facility-first NSP+naloxone			Green		Network-based (including facility/virtual and community-based)								PN EPN +HIVST FP/ANC<25		Green				Viral load monitoring				Viral load monitoring						Viral load monitoring																										ART initiation (and re-initiation)				Viral load monitoring									Viral load monitoring	Tracking and tracing	MH screening high VL	Green																															
	Community NSP+naloxone			Green				Network-based (including facility/virtual and community-based)						PN EPN +HIVST (FP/ANC)		Green							Viral load monitoring								Viral load monitoring			Viral load monitoring																							ART initiation (and re-initiation)					Viral load monitoring									Viral load monitoring	Tracking and tracing	MH screening all visits	Green																													
	Continue OAMT refills (PWID)	Green		Network-based (including facility/virtual and community-based)										KP SNT +HIVST	Green	Viral load monitoring											Viral load monitoring						Viral load monitoring				ART initiation (and re-initiation)																										Viral load monitoring										Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green																										
VMMC	Facility-first NSP+naloxone	Green	Network-based (including facility/virtual and community-based)									AGYW SNT +HIVST		Green	Viral load monitoring													Viral load monitoring								Viral load monitoring																							ART initiation (and re-initiation)						Viral load monitoring													Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green																					
	Community NSP+naloxone	Green					Network-based (including facility/virtual and community-based)					PN EPN +HIVST (95s STI-neg)		Green																		Viral load monitoring			Viral load monitoring			Viral load monitoring			ART initiation (and re-initiation)																									Viral load monitoring																	Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green																
	Continue OAMT refills (PWID)	Green							Network-based (including facility/virtual and community-based)			PN EPN +HIVST (STI-neg)		Green																										Viral load monitoring		Viral load monitoring	Viral load monitoring	ART initiation (and re-initiation)																				Viral load monitoring																								Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green											
VMMC	Facility-first NSP+naloxone	Green			Network-based (including facility/virtual and community-based)							PN APN +FBT (STI-neg)		Green			Viral load monitoring		Viral load monitoring																				Viral load monitoring						ART initiation (and re-initiation)																Viral load monitoring																																Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green						
	Community NSP+naloxone	Green								Network-based (including facility/virtual and community-based)		PN APN +FBT (STI-neg)		Green				Viral load monitoring				Viral load monitoring																								Viral load monitoring	ART initiation (and re-initiation)					Viral load monitoring																																														Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green	
	Continue OAMT refills (PWID)	Green									Network-based (including facility/virtual and community-based)	PN APN +FBT (STI-neg)		Green							Viral load monitoring				Viral load monitoring																							Viral load monitoring	ART initiation (and re-initiation)	Viral load monitoring	Viral load monitoring				Tracking and tracing																																																Psychosocial support/Counselling
VMMC	Facility-first NSP+naloxone	Green										Network-based (including facility/virtual and community-based)	PN APN +FBT (STI-neg)	Green												Viral load monitoring			Viral load monitoring																								Viral load monitoring	ART initiation (and re-initiation)				Viral load monitoring									Viral load monitoring	Tracking and tracing																																			
	Community NSP+naloxone	Green				Network-based (including facility/virtual and community-based)							PN APN +FBT (STI-neg)	Green						Viral load monitoring				Viral load monitoring						Viral load monitoring																										ART initiation (and re-initiation)				Viral load monitoring									Viral load monitoring	Tracking and tracing																																	
	Continue OAMT refills (PWID)	Green						Network-based (including facility/virtual and community-based)					PN APN +FBT (STI-neg)	Green									Viral load monitoring								Viral load monitoring			Viral load monitoring																							ART initiation (and re-initiation)					Viral load monitoring									Viral load monitoring	Tracking and tracing																															
VMMC	Facility-first NSP+naloxone	Green		Network-based (including facility/virtual and community-based)									PN APN +FBT (STI-neg)	Green		Viral load monitoring											Viral load monitoring						Viral load monitoring				ART initiation (and re-initiation)																										Viral load monitoring										Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green																										
	Community NSP+naloxone	Green	Network-based (including facility/virtual and community-based)										PN APN +FBT (STI-neg)	Green	Viral load monitoring													Viral load monitoring								Viral load monitoring																							ART initiation (and re-initiation)						Viral load monitoring													Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green																					
	Continue OAMT refills (PWID)	Green					Network-based (including facility/virtual and community-based)						PN APN +FBT (STI-neg)	Green																		Viral load monitoring			Viral load monitoring			Viral load monitoring			ART initiation (and re-initiation)																									Viral load monitoring																	Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green																
VMMC	Facility-first NSP+naloxone	Green							Network-based (including facility/virtual and community-based)				PN APN +FBT (STI-neg)	Green																										Viral load monitoring		Viral load monitoring	Viral load monitoring	ART initiation (and re-initiation)																				Viral load monitoring																								Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green											
	Community NSP+naloxone	Green			Network-based (including facility/virtual and community-based)								PN APN +FBT (STI-neg)	Green			Viral load monitoring		Viral load monitoring																				Viral load monitoring						ART initiation (and re-initiation)																Viral load monitoring																																Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green						
	Continue OAMT refills (PWID)	Green								Network-based (including facility/virtual and community-based)			PN APN +FBT (STI-neg)	Green				Viral load monitoring				Viral load monitoring																								Viral load monitoring	ART initiation (and re-initiation)					Viral load monitoring																																														Viral load monitoring	Tracking and tracing	Psychosocial support/Counselling	MH screening all visits	Green	

VMMC services has been integrated in routing OPD services.

Essential HIV testing services has been maintained while community-based HIV testing services have been dropped.

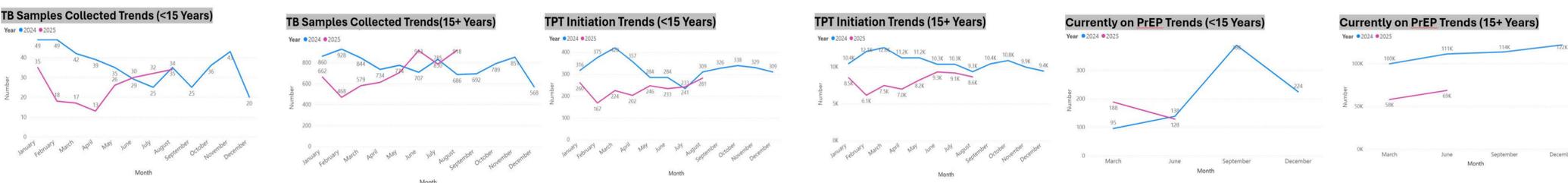
Most of the ART services have been maintained.

SELECT HMIS HIV SERVICE DELIVERY INDICATORS: TREND OVER TIME, 2024-2025

Fig 1. TB Samples Collected Trends

Fig 2 TPT Initiation Trends

Fig 3 Currently on PrEP Trends



TB services sharply declined from January to May 2025 compared to 2024 due to staffing disruption.

Data shown the TB services had a measurable disruption but recovery resumed from mid-2025

TPT data show fluctuations likely associated with service disruptions from Jan to May 2025, the <15 years group experienced sharper variations compared to 15+ group.

Upward recovery was from Jun 2025 signaling resumption of TPT-related activities.

PrEP service showed interruptions within distinct age groups between Mar and Jun 2025 due to community services interruptions. For 15+ years, a steady rise throughout the year reflects consistent service provision and client retention.

SYSTEMS & SERVICES ADAPTATIONS

- Leadership and Policies** - Strengthened policies and governance to prioritize essential HIV services and align with broader health sector reforms, including services integration.
- Financing and Purchasing** - Advanced the Health Sector Sustainability Strategy with increased domestic financing and reduced reliance on external aid.
- Community Engagement** - Reinforced community-led monitoring, community health worker platforms, and key population engagement to sustain service continuity.
- HMIS, M&E, and Data Use** - Expanded digital systems and data interoperability to support real-time reporting and better decision-making.
- Laboratory Systems & Pharmaceutical Reforms** - Strengthened laboratory capacity and expanded local production of ARVs and essential commodities to enhance supply security.

NEXT STEPS / WAY FORWARD

- Leadership and Policies** - Finalize and implement integration guidelines, strengthen multisectoral coordination, and institutionalize accountability mechanisms for sustained HIV service delivery.
- Financing and Purchasing** - Expand domestic financing instruments, accelerate DRM initiatives, and operationalize phased transition plans to further reduce donor dependency.
- M&E and Data Use** - Integrate remaining digital platforms, enhance real-time analytics dashboards, and expand data use capacity at regional and facility levels.
- Laboratory Systems & Pharmaceutical Reforms** - Complete laboratory network optimization, expand local ARV manufacturing lines, and strengthen regulation and quality assurance to ensure sustained commodity security.